

MAINE HEALTHCARE DATABOOK

(Supplemental Figures)



Maine Health
Management
Coalition

DECEMBER, 2015

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INTRODUCTION

The first edition of the Healthcare Databook, published in October 2014, presented a range of information about the demographics and health status of Maine's population, the utilization and delivery of healthcare in the state, and the quality and cost of care—all of which inform and shape the healthcare landscape in Maine, as well as efforts to improve it. This Supplement to the Databook provides updated data on several of the topics covered in the first volume, as well as some related information that was not included in the earlier edition.

The Supplement was undertaken with funding from the Maine Department of Health and Human Services as part of the federal State Innovation Model (SIM) initiative, a three year project designed to catalyze efforts throughout the state to achieve the Triple Aim. Essential to these efforts is broad-based engagement from the consumers and purchasers of healthcare. We believe that the Databook and Databook Supplement help support that engagement by providing stakeholders with a comprehensive one-stop information source that informs their involvement.

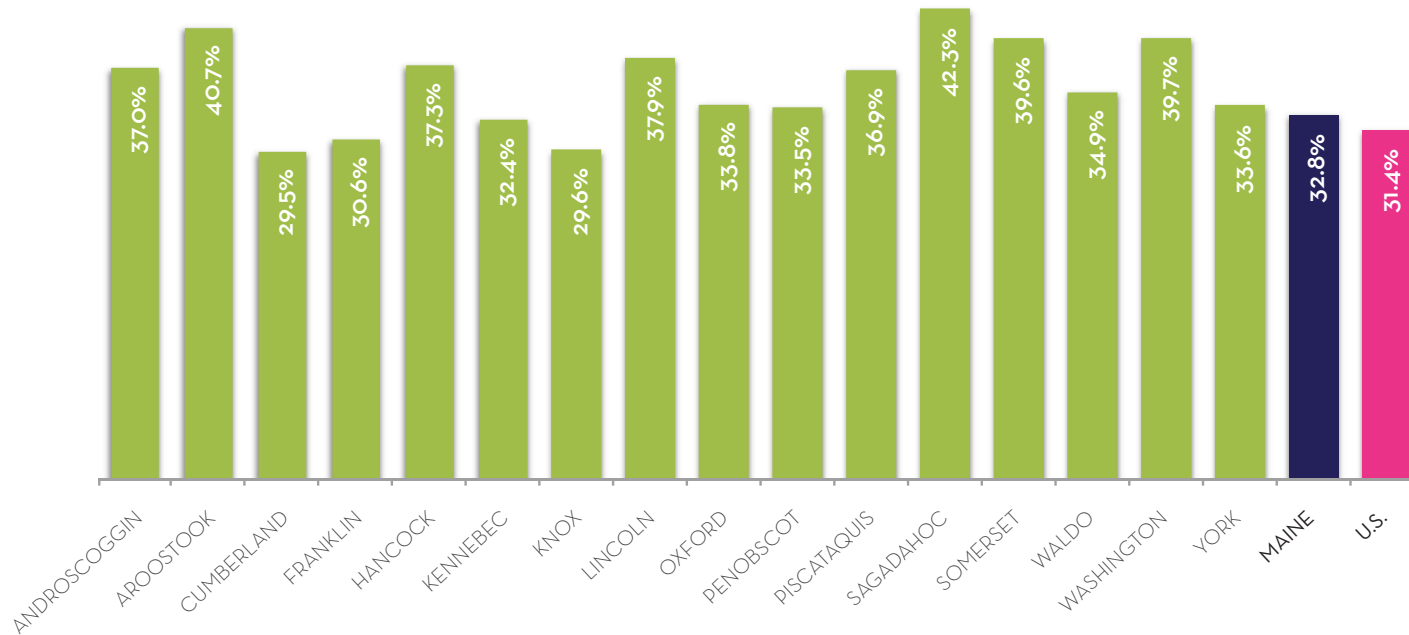
The data included in this volume are drawn from a number of state, federal, and other sources, all of which follow different update schedules. Some are updated annually, with little lag time, while others are updated less frequently. If you would like more information about how often a particular set of data is updated, or other information about a particular data point, we encourage you to visit the cited source.

The Coalition wishes to thank the many organizations whose data and analyses are included in this supplemental volume. In particular, we are extremely grateful to the state agencies and other organizations here in Maine who have so generously given their time and expertise to this effort, including the Maine Center for Disease Control and Prevention and its partners in the Maine Shared Health Needs Assessment and Planning Process (SHNAPP) Project. The comprehensive and detailed data included in the SHNAPP reports was an invaluable resource for the Databook Supplement.

FACTS & FIGURES

ADULT HYPERTENSION PREVALENCE BY COUNTY

Maine, 2011 & 2013



NOTE: U.S. data are from 2013.

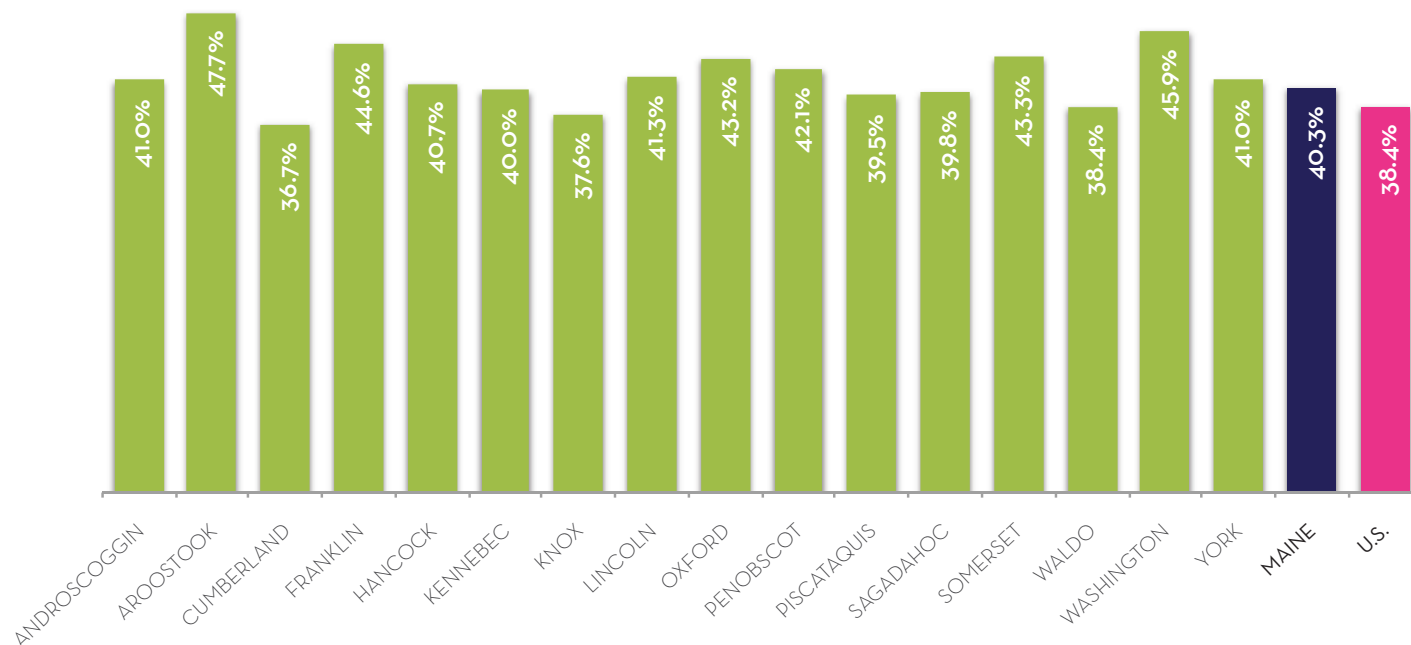
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011 & 2013, and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

Nearly one in three Mainers has high blood pressure, similar to national hypertension rates. In addition, nearly one in three individuals nationwide has prehypertension.¹ Individuals with hypertension are at higher risk for conditions such as a first heart attack or stroke and chronic heart failure;² yet just over half of those with high blood pressure have it under control.³ National estimates put the annual cost of hypertension at \$46 billion.⁴

FACTS & FIGURES

ADULT HIGH CHOLESTEROL PREVALENCE BY COUNTY

Maine, 2011 & 2013



NOTE: U.S. data are from 2013.

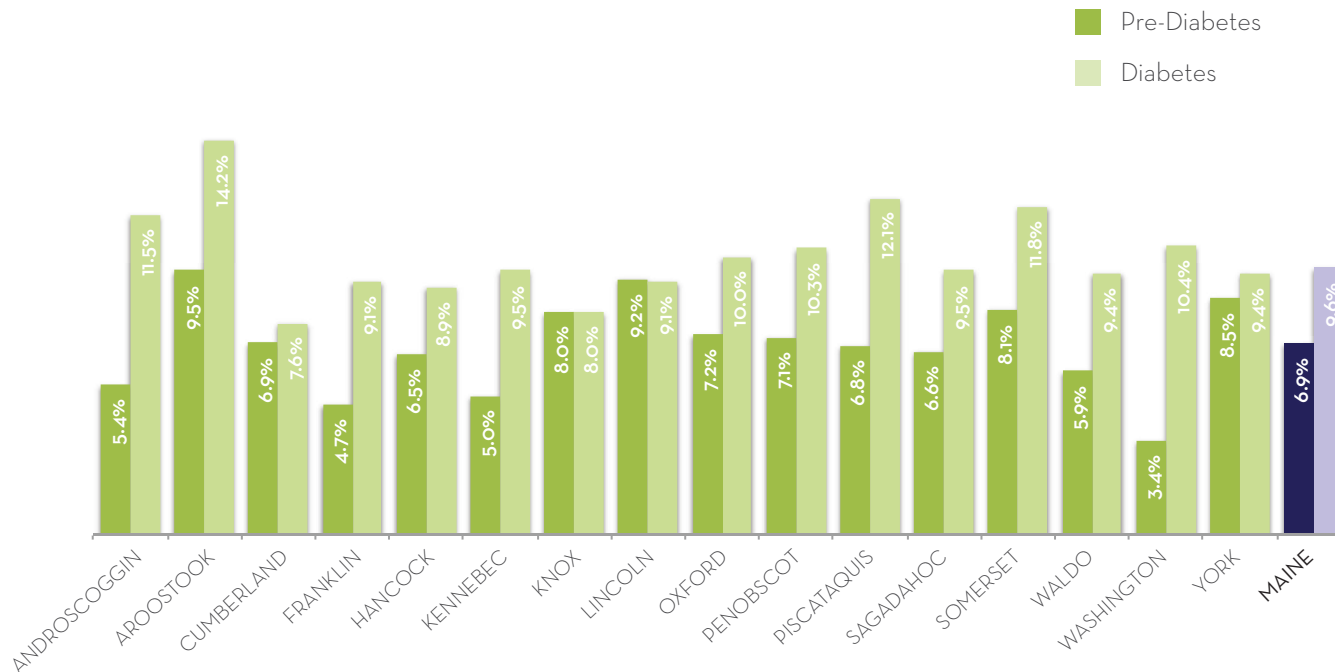
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011 & 2013, and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

The prevalence of high cholesterol among adults in Maine is similar to national rates. Since 1995, the percentage of Maine adults who had their cholesterol checked within the past five years increased from 65.1 percent in 1995 to an average of 81 percent in 2011 and 2013. Nationally, rates have increased from 67.9 percent in 1995 to an average of 76.4 percent in 2013.⁵

FACTS & FIGURES

ADULT PRE-DIABETES & DIABETES BY COUNTY

Maine, 2011-2013



NOTE: Prediabetes rate reflects adults that have ever been told by a doctor or other health professional that they have prediabetes or borderline diabetes. Because of small numerator, prediabetes rates for Franklin, Hancock, Piscataquis, Sagadahoc, Somerset, Waldo, and Washington counties may be statistically unreliable; use caution when interpreting.

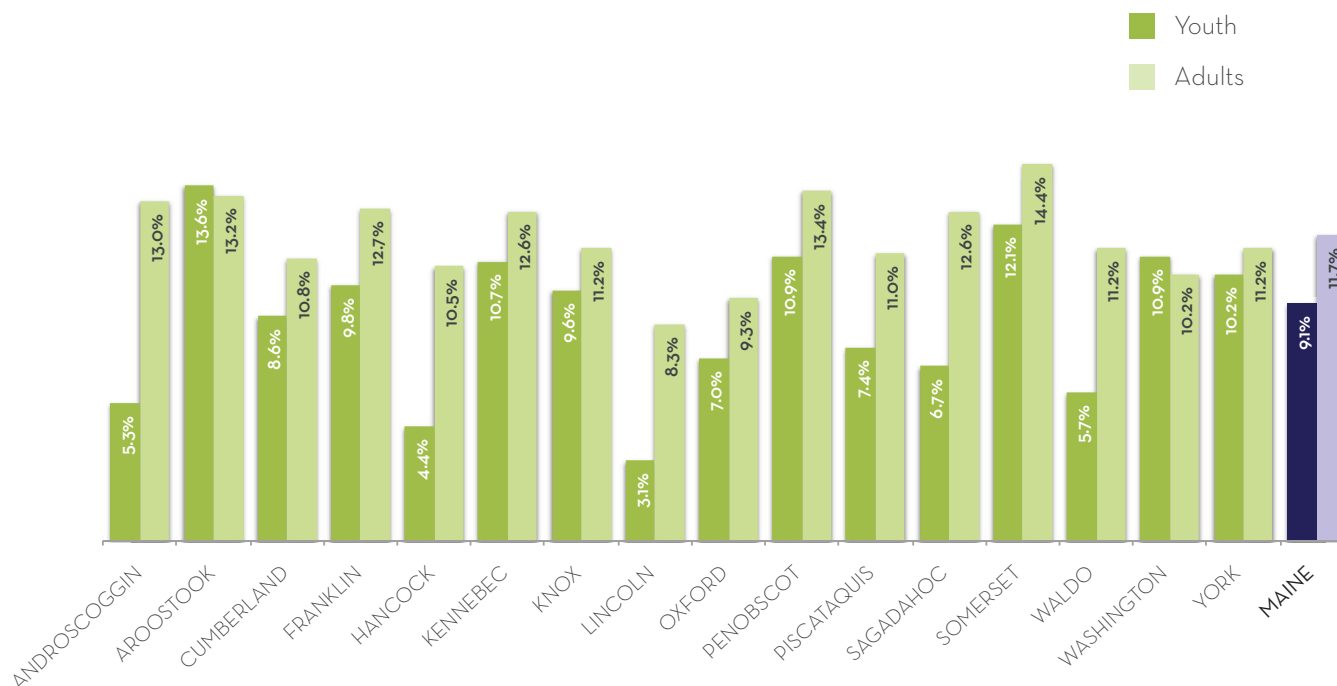
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

The prevalence of diabetes in Maine averaged 9.6 percent from 2011 to 2013, up from 8.4 percent over the 2008-2010 timeframe. Nationally, the prevalence of diabetes was 9.7 percent in 2013. According to the Centers for Disease Control and Prevention 2014 National Diabetes Statistics Report, after adjusting for age and sex, “average medical expenditures among people with diagnosed diabetes were 2.3 times higher than people without diabetes.”⁶

FACTS & FIGURES

PERCENT OF ADULTS & YOUTH WITH ASTHMA BY COUNTY

Maine, 2011-2013



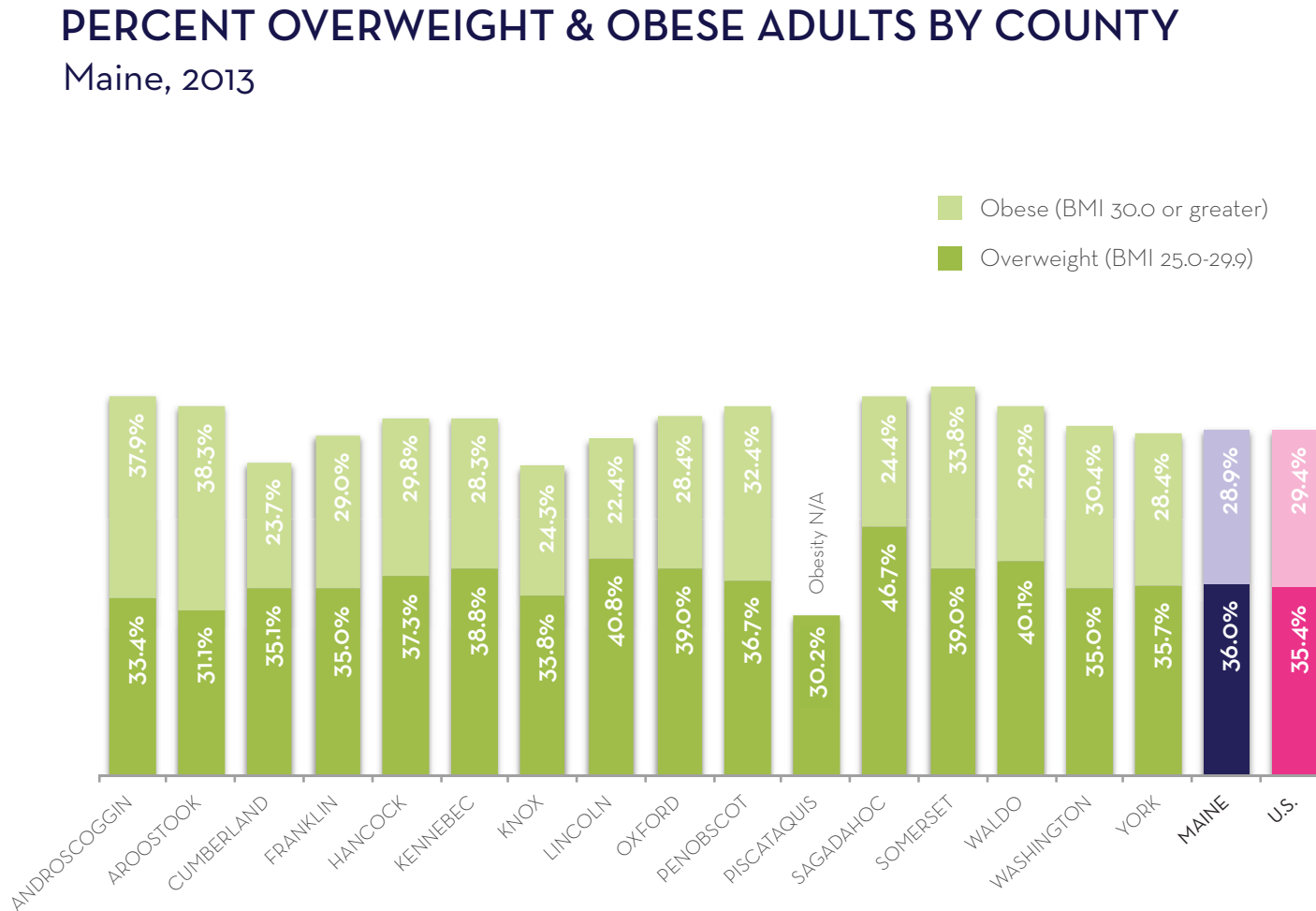
From 2011-2013, the average asthma rate among adults in Maine was 11.7 percent. Asthma rates among Maine youth were lower, averaging 9.1 percent over the same period. Among adults, women have higher rates of asthma than men, while among children, boys rates are higher.⁷

NOTE: Youth includes those aged 0-17. Because of small numerator, youth county rates may be statistically unreliable; use caution when interpreting.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

In 2013, 64.9 percent of adults in Maine were overweight or obese, nearly identical to the national rate of 64.8 percent. Rates were significantly lower among high school students, with 28.7 percent of Maine high school students overweight or obese, compared to a national rate of 30.3 percent.⁸

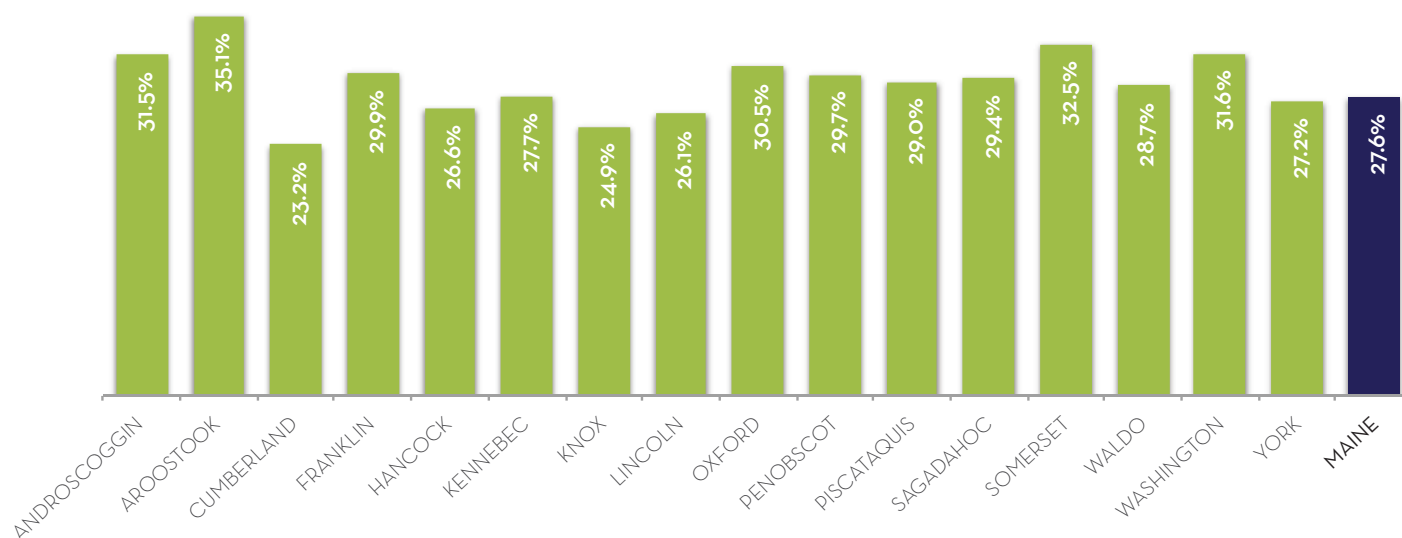


SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013 and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

ADULTS WITH 3 OR MORE CHRONIC CONDITIONS BY COUNTY

Maine, 2011 & 2013



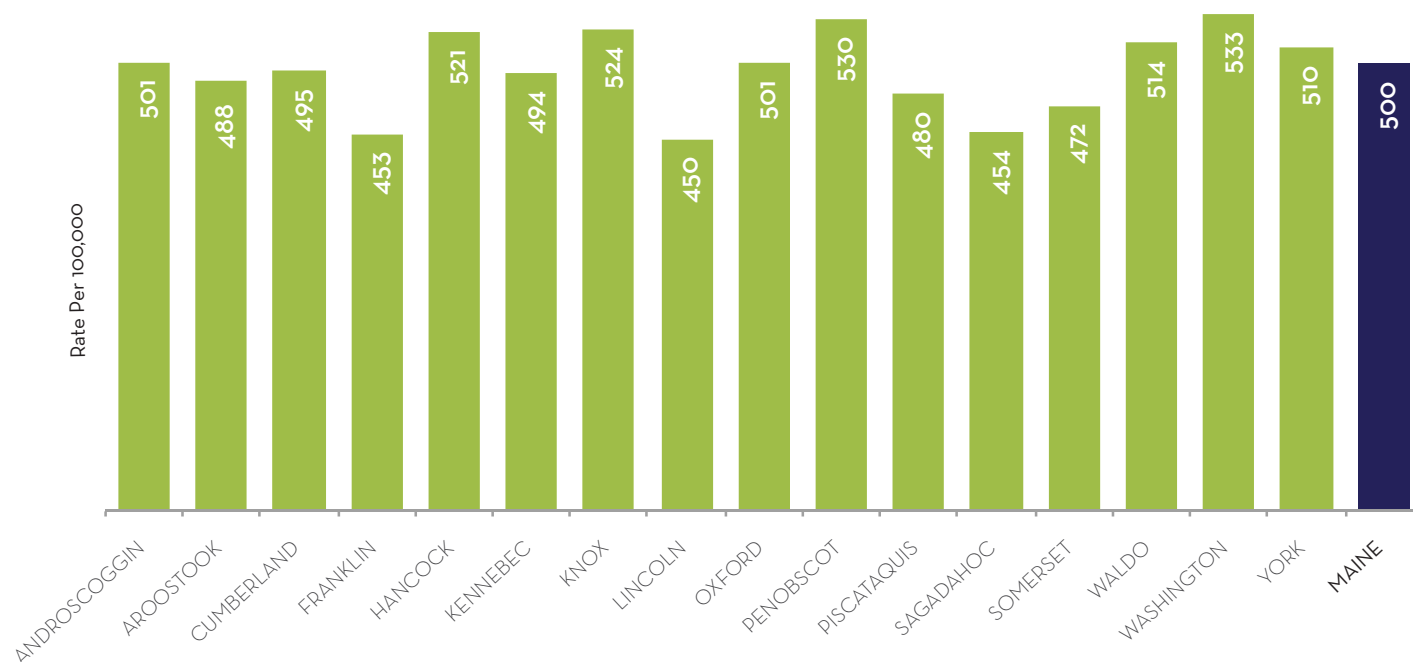
Over one-quarter of adults in Maine have three or more chronic conditions. According to the Centers for Disease Control and Prevention, chronic diseases are responsible for seven of ten deaths each year. One study estimates that 71 percent of healthcare expenditures nationwide are related to care of those with more than one chronic condition.⁹

NOTE: Chronic conditions available in 2013 BRFSS: arthritis, asthma, cancer, cardiovascular disease, chronic kidney disease, chronic obstructive pulmonary disease (COPD), coronary heart disease, diabetes, hypertension, high cholesterol, and obesity.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011 & 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

CANCER INCIDENCE PER 100,000 BY COUNTY

Maine, 2007-2011



NOTE: SEER Site Recode: 20010-37000 (including ICD-O-3 codes: C00-C797).

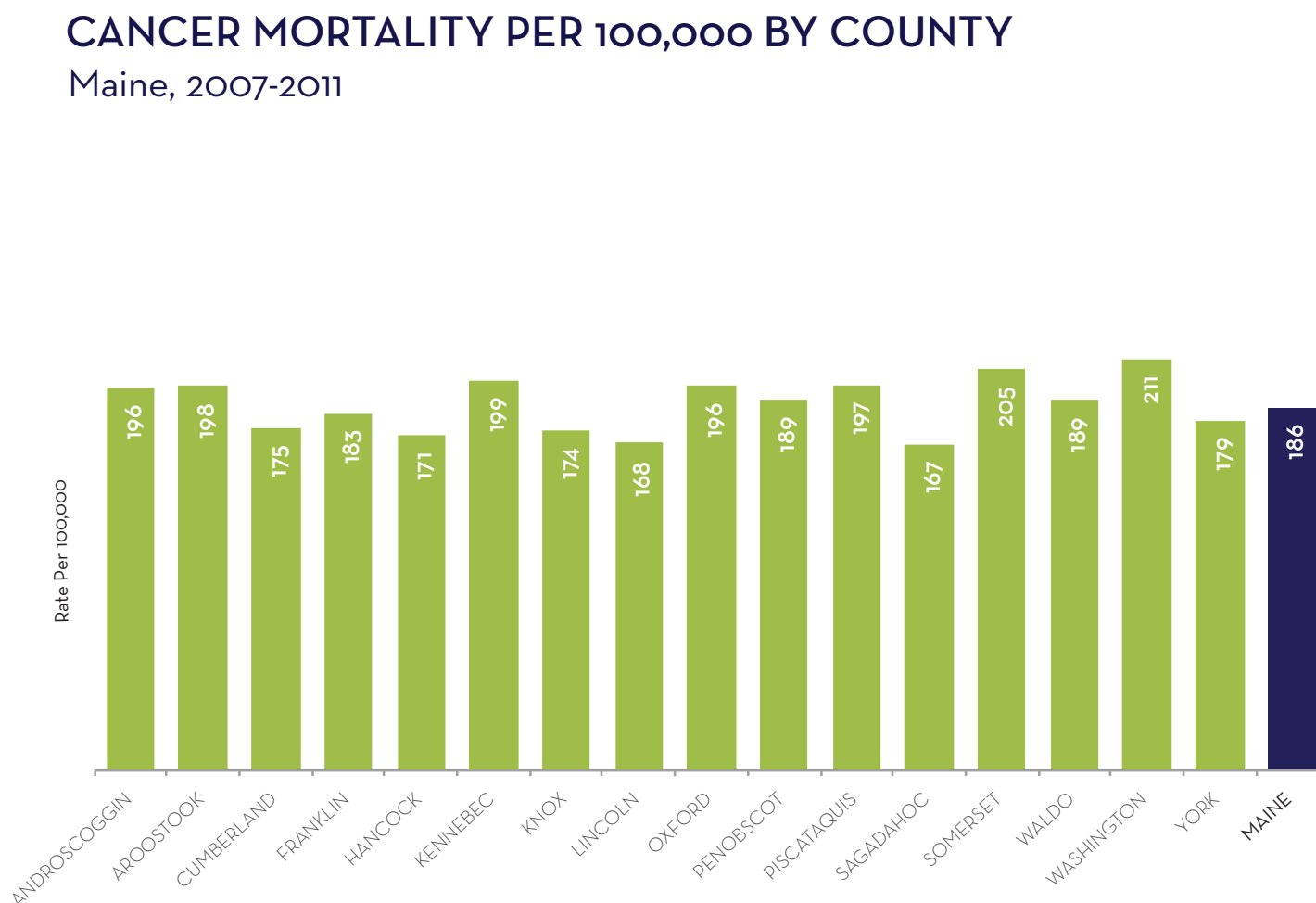
SOURCE: Maine Center for Disease Control, Division of Population Health, Maine Cancer Registry. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

Over the 2007-2011 timeframe, the average incidence of cancer in Maine was 500 per 100,000. The statewide incidence per 100,000 was 480 in 1995, and increased to between 530 and 544 per 100,000 over the 2000-2006 timeframe. Since 2006, the incidence of cancer has declined, with the 2011 incidence of 478.4 per 100,000 just below the 1995 incidence.¹⁰

FACTS & FIGURES

Over the 2007-2011 timeframe, average mortality from cancer in Maine was 186 per 100,000. In all Maine counties, mortality rates were higher for men than women. Statewide, mortality for men over that timeframe was 228, compared to 157 for women.¹¹

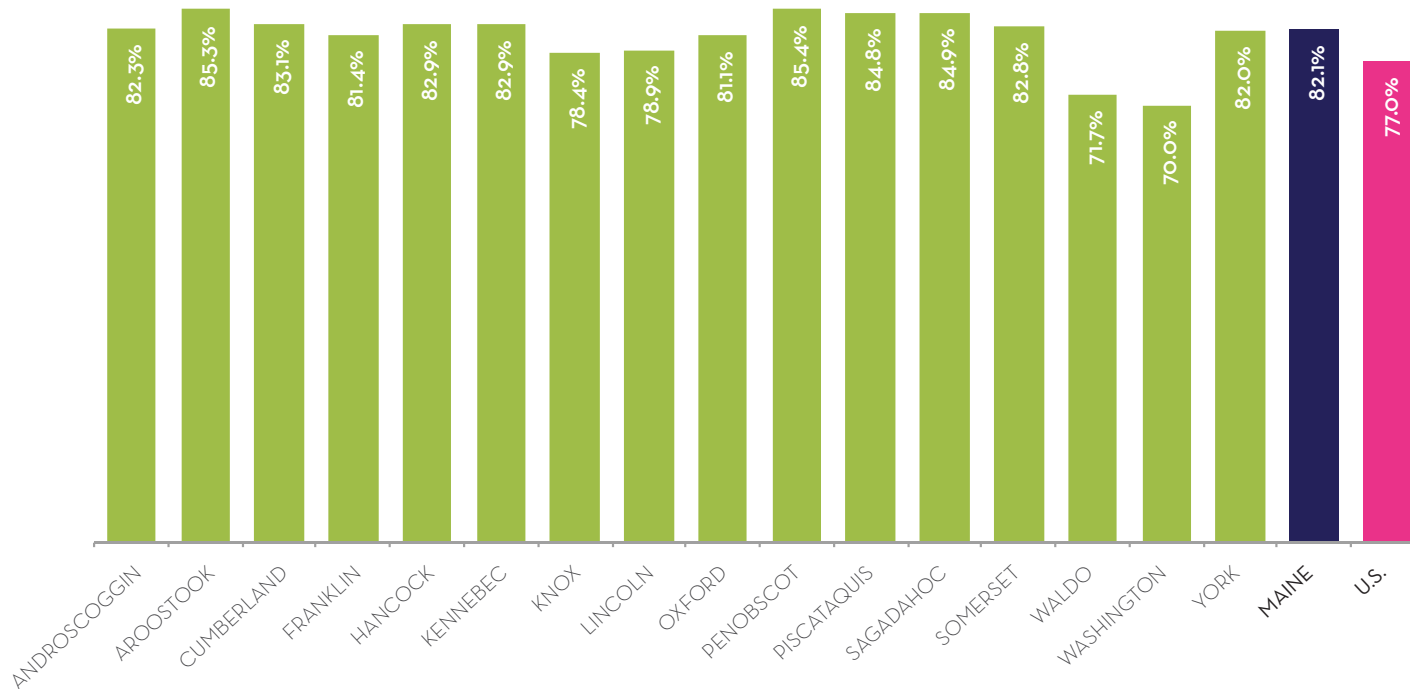


NOTE: SEER Cause of Death Recode: 20010-37000 (including ICD-10 codes: C00-C97).

SOURCE: Maine Center for Disease Control, Division of Population Health, Maine Cancer Registry. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

FEMALES WITH MAMMOGRAM IN PAST 2 YEARS BY COUNTY Maine, 2012



NOTE: Females 50+ who reported having a mammogram in past two years.

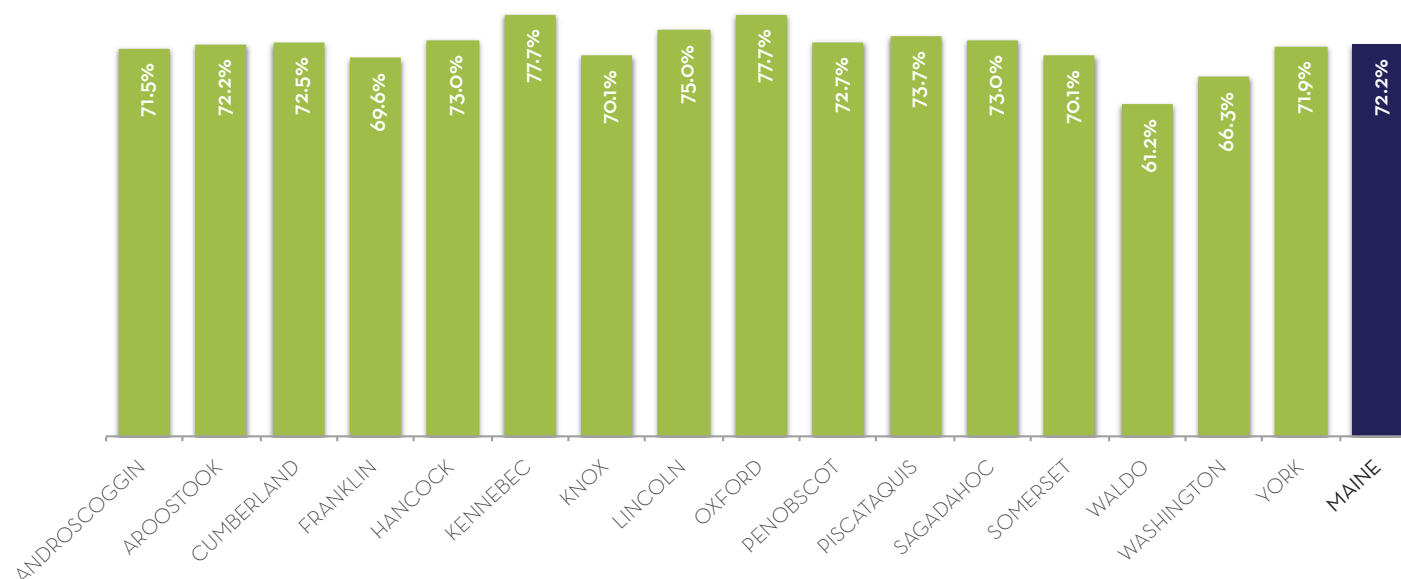
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2012. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

In 2012, 82 percent of Maine women aged 50 years or older reported having had a mammogram in the past two years, compared to 77 percent of women nationally. Over the 2009–2011 timeframe, the incidence of breast cancer among women in Maine was 125 per 100,000, similar to the national incidence of 124 per 100,000.¹²

FACTS & FIGURES

COLORECTAL SCREENING RATES FOR ADULTS 50+ BY COUNTY

Maine, 2012



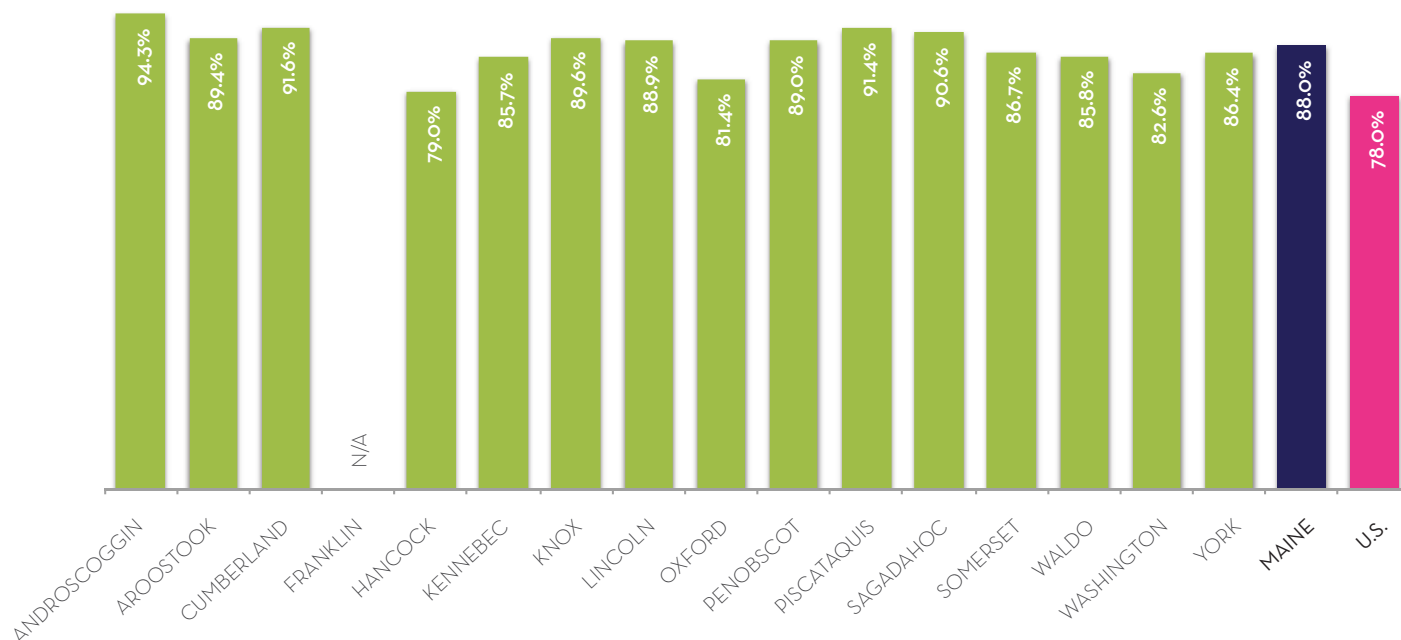
The incidence of colorectal cancer in Maine was 41.1 per 100,000 over the 2009-2011 time period. Nationally, the incidence of colorectal cancer was 42 per 100,000 during that time.¹³

NOTE: Adults 50+ who reported having a home blood stool test (for example, FOBT, FIT) in past year; sigmoidoscopy in past five years and home blood stool test in past three years; or colonoscopy in past ten years.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2012. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

PAP SMEAR WITHIN PAST 3 YEARS FOR FEMALES 21-65 BY COUNTY

Maine, 2012



NOTE: Females with intact cervix who had pap smear in past three years.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey and Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2012. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

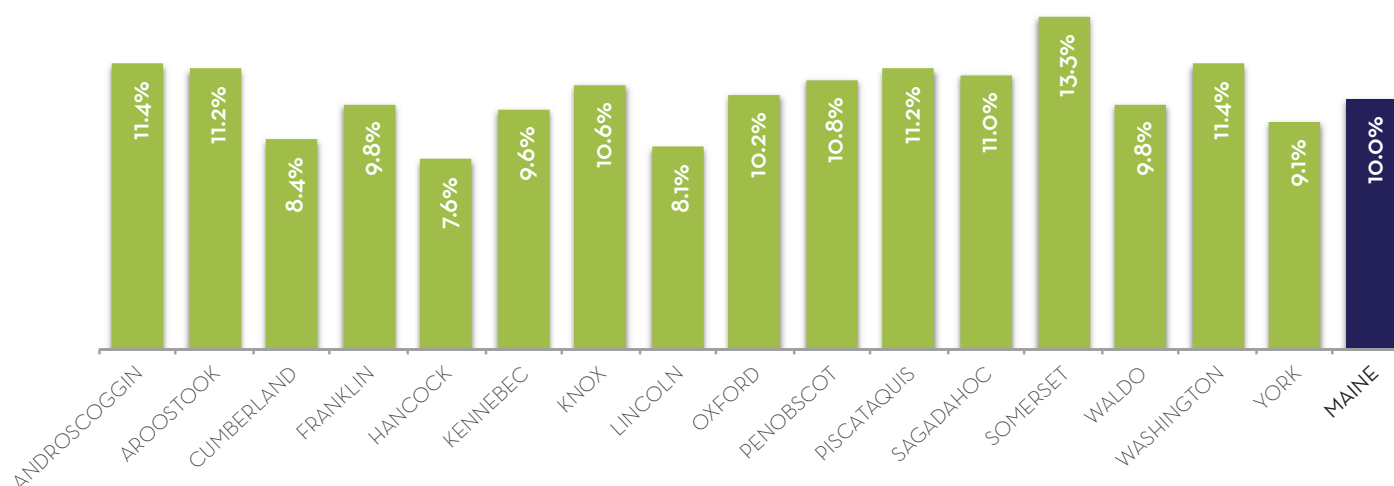
In 2012, 88 percent of Maine women aged 21-65 reported having a Pap smear within the past three years, compared to 78 percent of women nationally. According to the Maine Center for Disease Control and Prevention, women whose cervical cancer is detected early have a 92 percent chance of surviving at least five years, compared with five-year survival rates of only 15 percent for those cases in which the disease is detected at the distant stage (when it has spread to another part of the body).¹⁴

FACTS & FIGURES

Over the 2011-2013 timeframe, 10 percent of Maine adults screened positive for depression. The percent of Maine adults ever diagnosed with depression was more than twice that rate—23.5 percent.

PERCENT OF ADULTS WITH CURRENT SYMPTOMS OF DEPRESSION BY COUNTY

Maine, 2011-2013



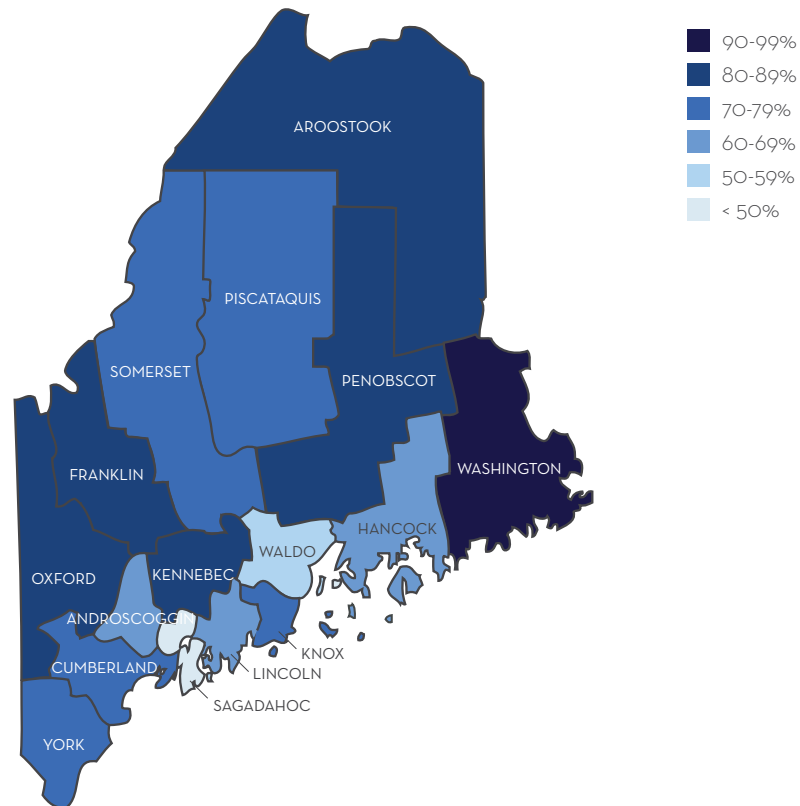
NOTE: Current depression coded using two items from the PHQ-2 depression screener.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

IMMUNIZATION RATES FOR 2-YEAR OLDS BY COUNTY

Maine, 2015



NOTE: Data are only representative of providers fully integrated with ImmPact, so the entire population of 2 year old children in each county is not represented. Assessment uses the standard Centers for Disease Control and Prevention childhood assessment criteria of 24-35 months of age immunized as of 24 months for the 4 DTaP (Diphtheria, Tetanus, Polio): 3 IPV (Polio): 1 MMR (Measles, Mumps, Rubella): 3 Hib (Haemophilus influenza type B): 3 HepB (Hepatitis B): 1 Var (Varicella): 4 PCV (Pneumococcal Conjugate) schedule.

SOURCE: Maine Immunization Program. Data from annual immunization assessment conducted on January 1, 2015; assessment includes all 2 year olds in the State of Maine immunization registry, ImmPact, associated to a practice which enters client-specific data. Available at: <https://www1.maine.gov/dhhs/mecdc/infectious-disease/immunization/publications/2014-2015-Immunization-Rate-Comparison.pdf>.

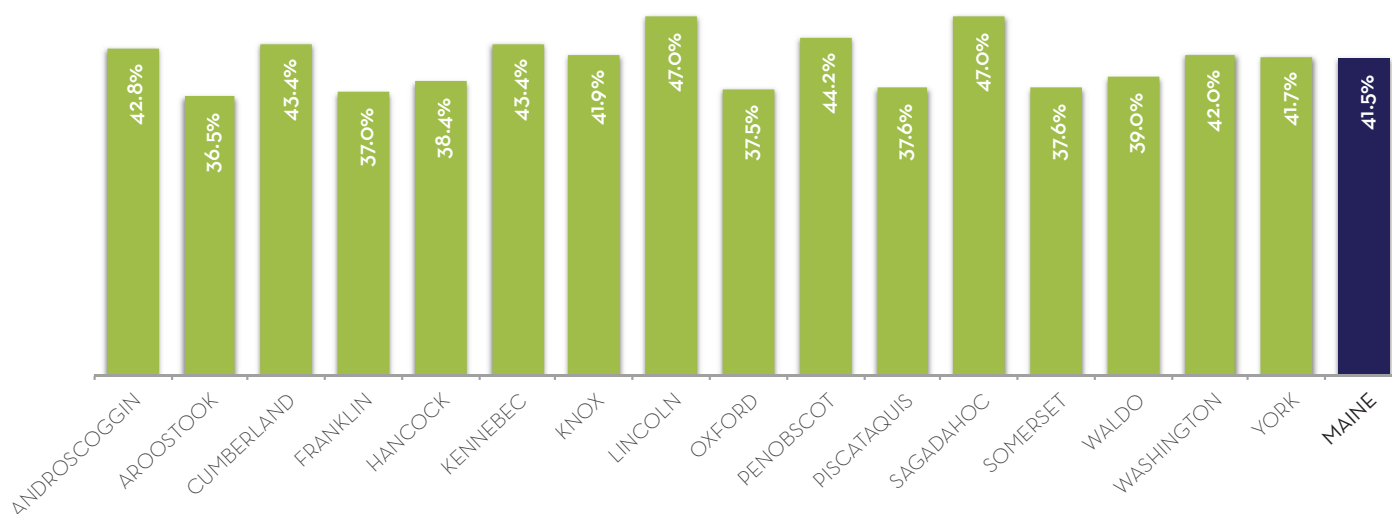
Among practices that are fully integrated with ImmPact, the overall vaccination rate for 2 year olds in Maine held steady at 75 percent in 2015, although rates varied considerably by county. The National Immunization Survey shows that immunization rates in Maine are improving over time, with 2014 rates significantly higher than 2012 and 2013 rates, and also higher than the 2014 national average.¹⁵

FACTS & FIGURES

Over the 2011-2013 timeframe, just over 41 percent of Maine adults were immunized annually against the flu. Rates ranged from 36.5 in Aroostook County, up to 47 percent in Lincoln and Sagadahoc counties. A 2007 study estimates the direct medical costs of annual flu epidemics at \$10.4 billion nationwide.¹⁶

PERCENT OF ADULTS IMMUNIZED ANNUALLY FOR INFLUENZA BY COUNTY

Maine, 2011-2013



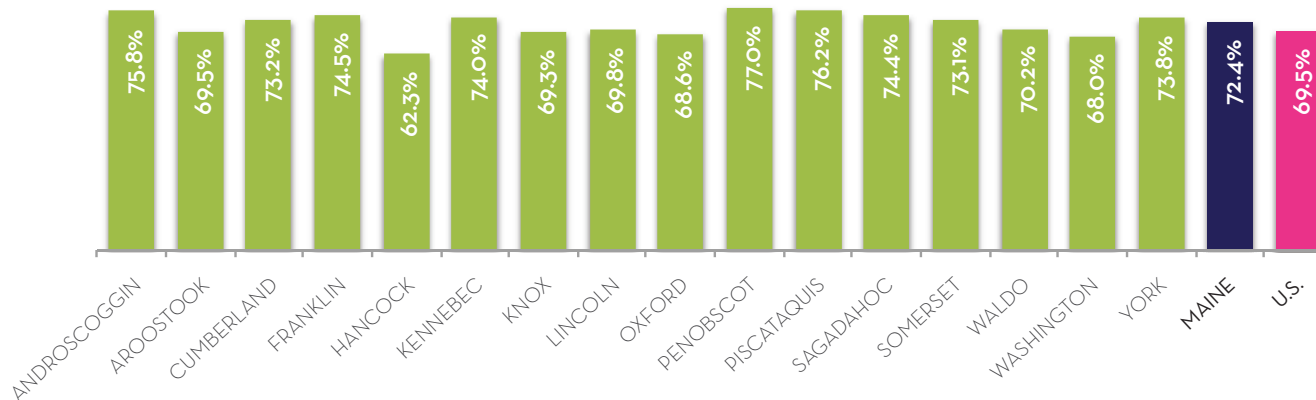
NOTE: Adults who had either a seasonal flu shot or vaccine sprayed in nose during past year.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

PERCENT OF ADULTS 65+ IMMUNIZED FOR PNEUMOCOCCAL PNEUMONIA BY COUNTY

Maine, 2011-2013



NOTE: U.S. data are from 2013.

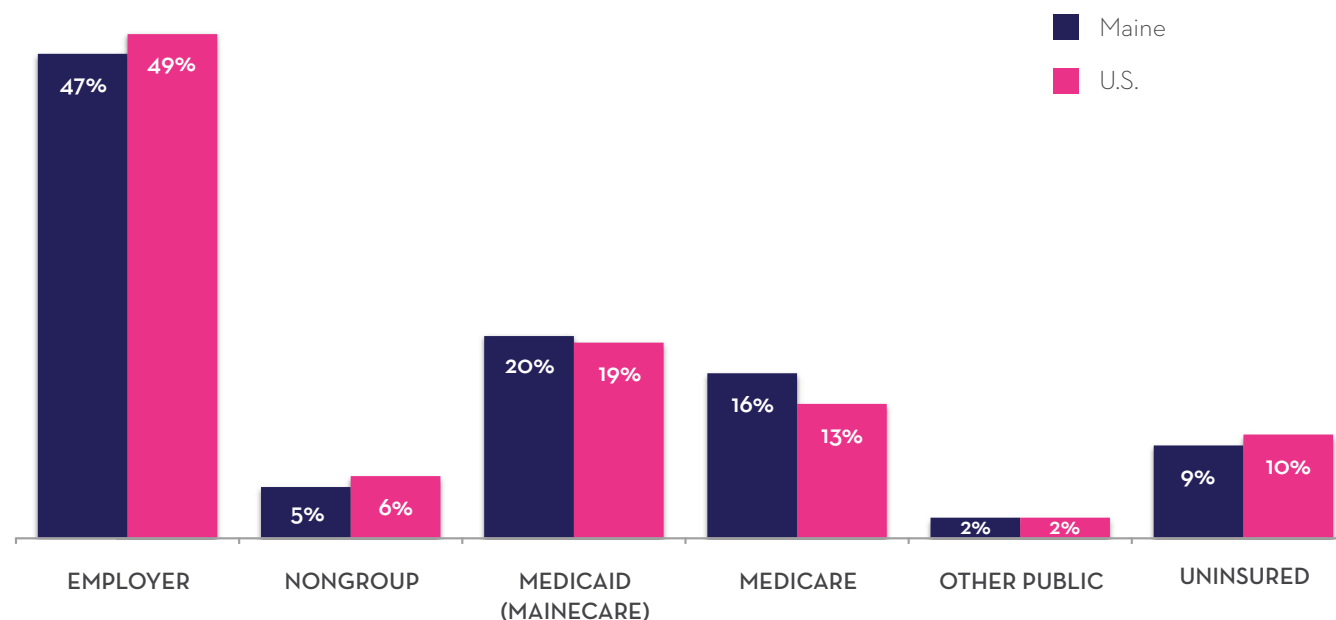
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013 and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

Statewide, 72.4 percent of Maine adults aged 65 and over were immunized against pneumococcal pneumonia during the 2011-2013 timeframe. In 2011, there were 720 emergency department pneumonia visits per 100,000 in Maine.

FACTS & FIGURES

POPULATION WITH HEALTH INSURANCE COVERAGE

Maine vs. U.S., 2014



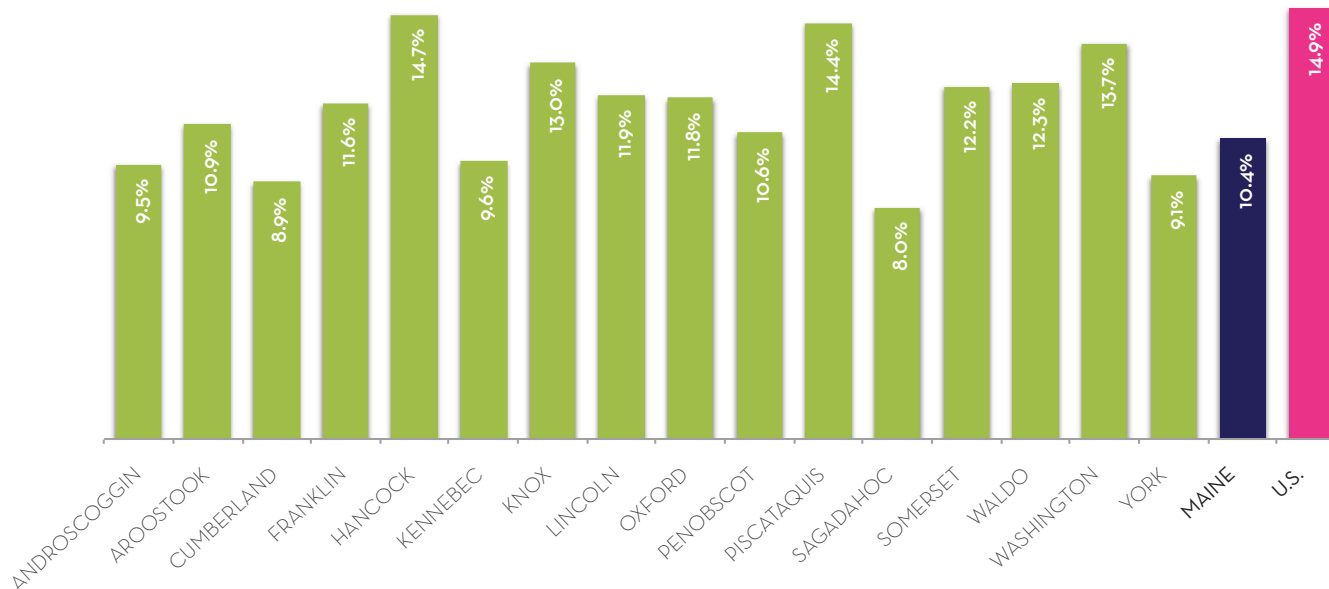
NOTE: According to Kaiser, “Medicaid includes those covered by Medicaid, the Children’s Health Insurance Program (CHIP), and those who have both Medicaid and another type of coverage, such as dual eligibles who are also covered by Medicare. Medicare includes those covered by Medicare, Medicare Advantage, and those who have Medicare and another type of non-Medicaid coverage where Medicare is the primary payer. Excludes those with Medicare Part A coverage only. Employer includes those covered by employer-sponsored coverage either through their own job or as a dependent in the same household. Other Public includes those covered under the military or Veterans Administration. Non-Group includes individuals and families that purchased or are covered as a dependent by non-group insurance. Uninsured includes those without health insurance and those who have coverage under the Indian Health Service only.”

SOURCE: Kaiser Family Foundation estimates based on the Census Bureau’s March 2015 Current Population Survey (CPS: Annual Social and Economic Supplements). As found in Kaiser Family Foundation, *State Health Facts, Health Insurance Coverage of the Total Population*. Available at <http://kff.org/other/state-indicator/total-population/>.

The portion of Maine’s population without insurance was 9 percent in 2014, compared to 10 percent in 2013. While the percent of privately insured individuals was slightly lower in Maine than nationally – 47 percent vs. 49 percent – participation rates in both Medicaid (MaineCare) and Medicare were higher in Maine, at 20 percent and 16 percent respectively, compared to national rates of 19 percent and 13 percent, respectively.

PERCENT UNINSURED BY COUNTY

Maine, 2009-2013



SOURCE: U.S. Census Bureau, American FactFinder, Table S2701: Health Insurance Coverage Status.
Available at: http://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_13_5YR_S2701&prodType=table.

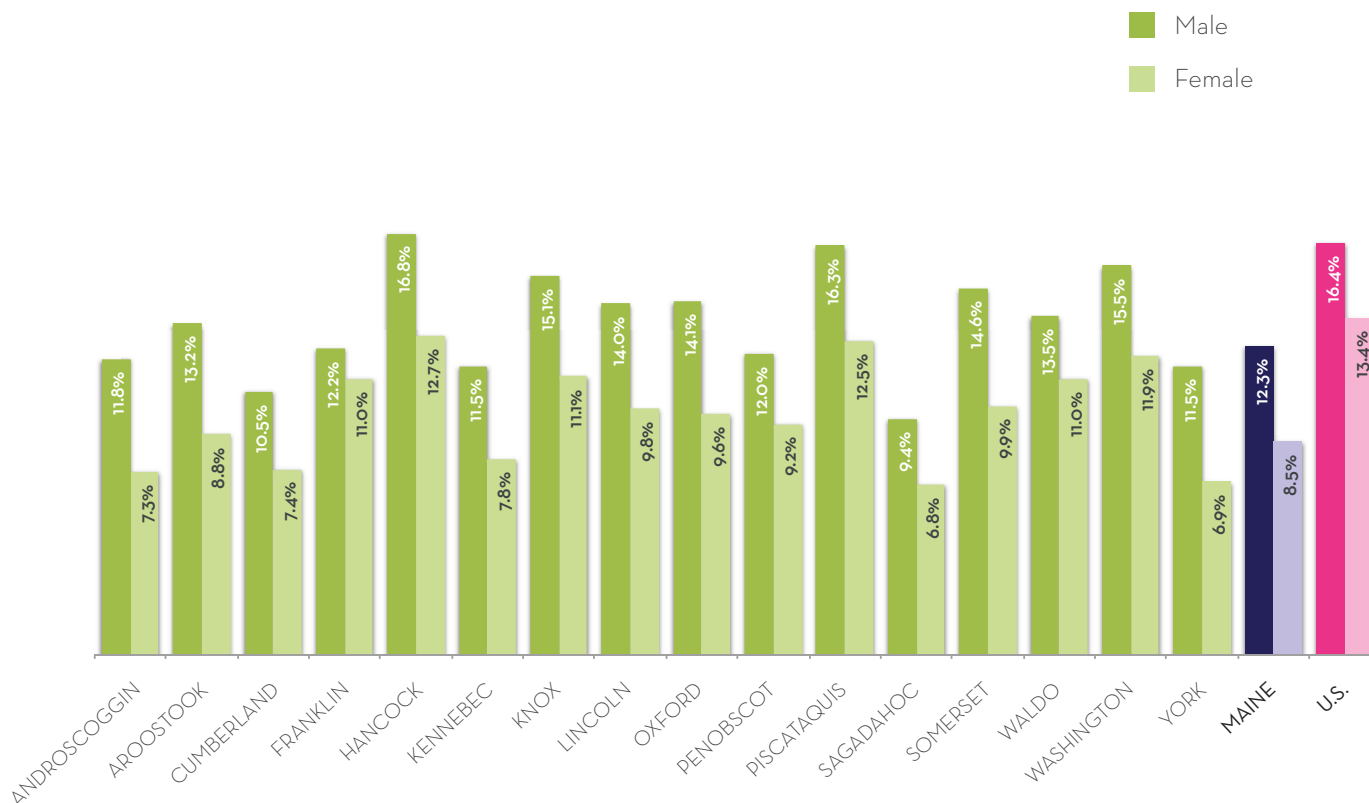
FACTS & FIGURES

Maine's uninsured rate averaged 10.4 percent over the 2009-2013 period, compared to 14.9 percent nationally. While the percent uninsured varied considerably among Maine counties, in no county did the rate exceed the national rate.

FACTS & FIGURES

In all Maine counties over the 2009-2013 period, higher percentages of men were uninsured than women—consistent with national rates. Statewide, 12.3 percent of men were uninsured, compared to 8.5 percent of women.

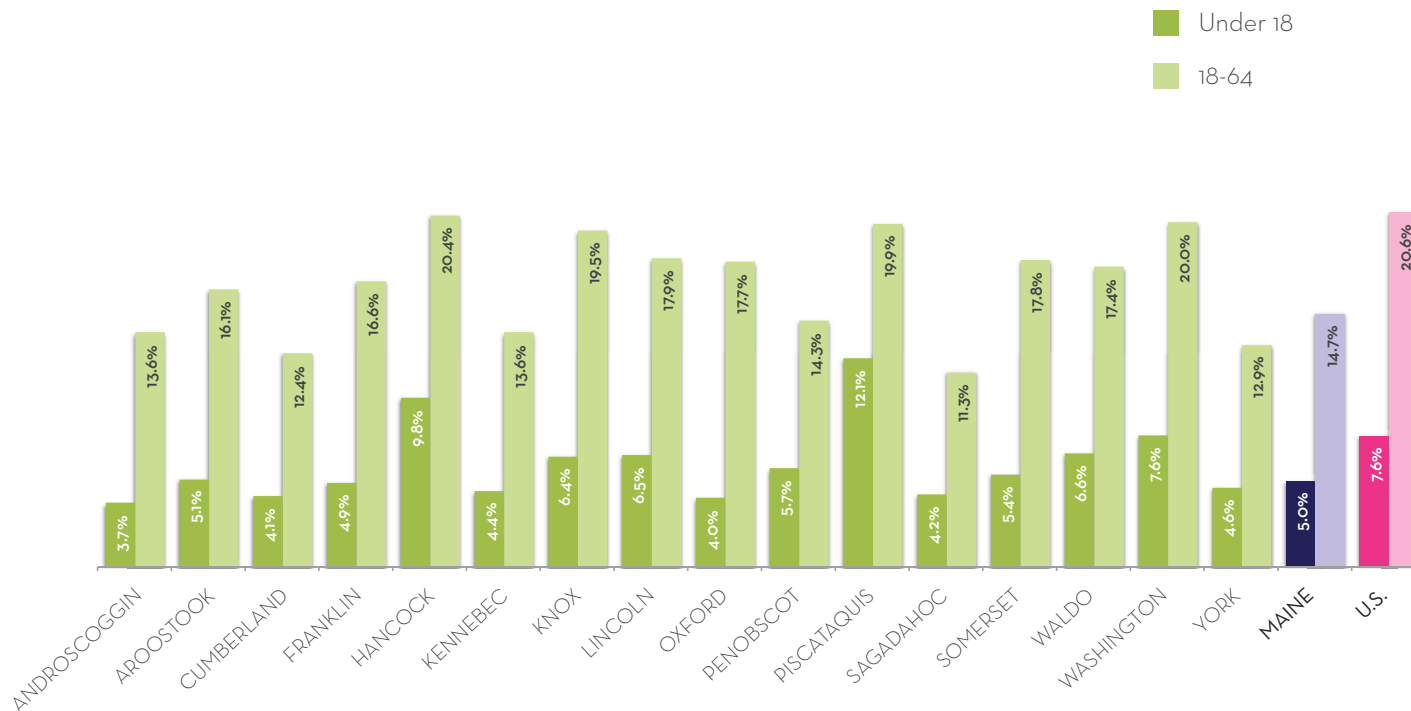
PERCENT UNINSURED BY SEX & COUNTY Maine, 2009-2013



SOURCE: U.S. Census Bureau, American FactFinder, Table S2701: Health Insurance Coverage Status. Available at: http://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_13_5YR_S2701&prodType=table.

PERCENT UNINSURED BY AGE & COUNTY

Maine, 2009-2013



FACTS & FIGURES

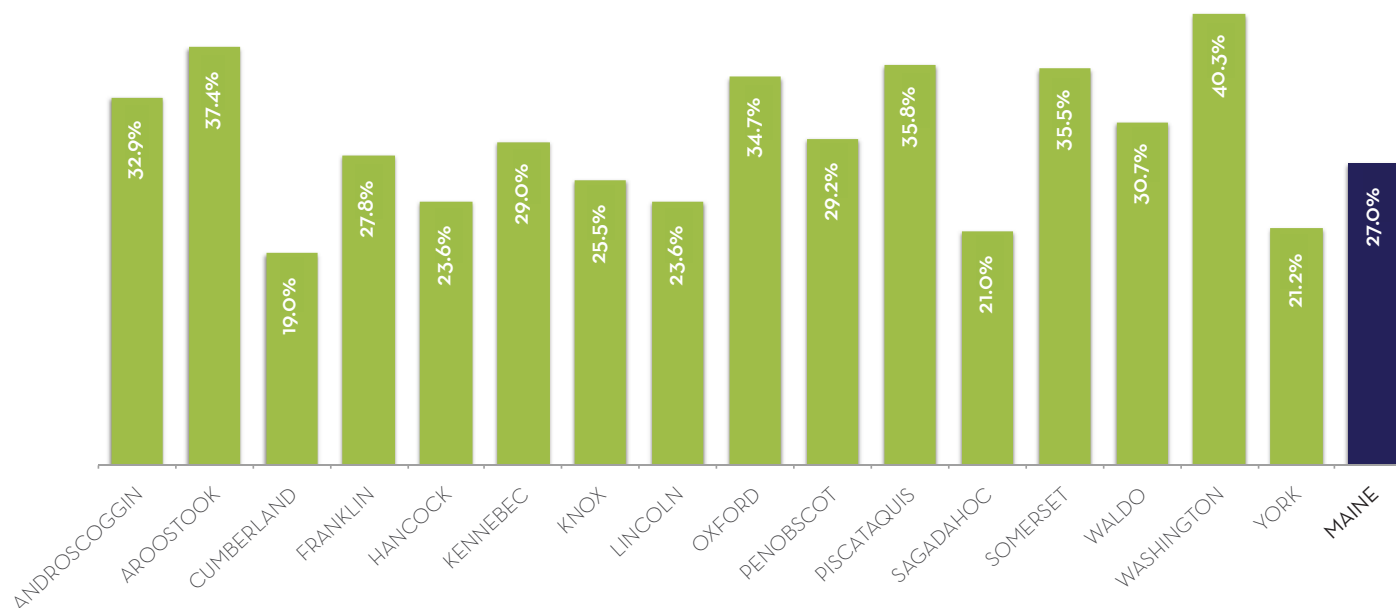
Over the 2009-2013 period, in every Maine county, the uninsured rate among children under age 18 was considerably lower than the uninsured rate among adults. Statewide, 5.0 percent of children were uninsured, compared to 14.7 percent of adults—a nearly threefold difference. Similar differences existed at the national level, where 7.6 percent of children were uninsured, compared to 20.6 percent of adults.

SOURCE: U.S. Census Bureau, American FactFinder, Table S2701: Health Insurance Coverage Status.
Available at: http://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_13_5YR_S2701&prodType=table.

FACTS & FIGURES

PERCENT ENROLLED IN MAINECARE BY COUNTY

Maine, 2015



In state fiscal year 2015, 358,855 individuals—or 27 percent of the state population—participated in MaineCare. Participation varied by county, ranging from 19 percent in Cumberland County to 40 percent in Washington County. Statewide, 28.7 percent of the female population was enrolled, compared to 24.5 percent of males.

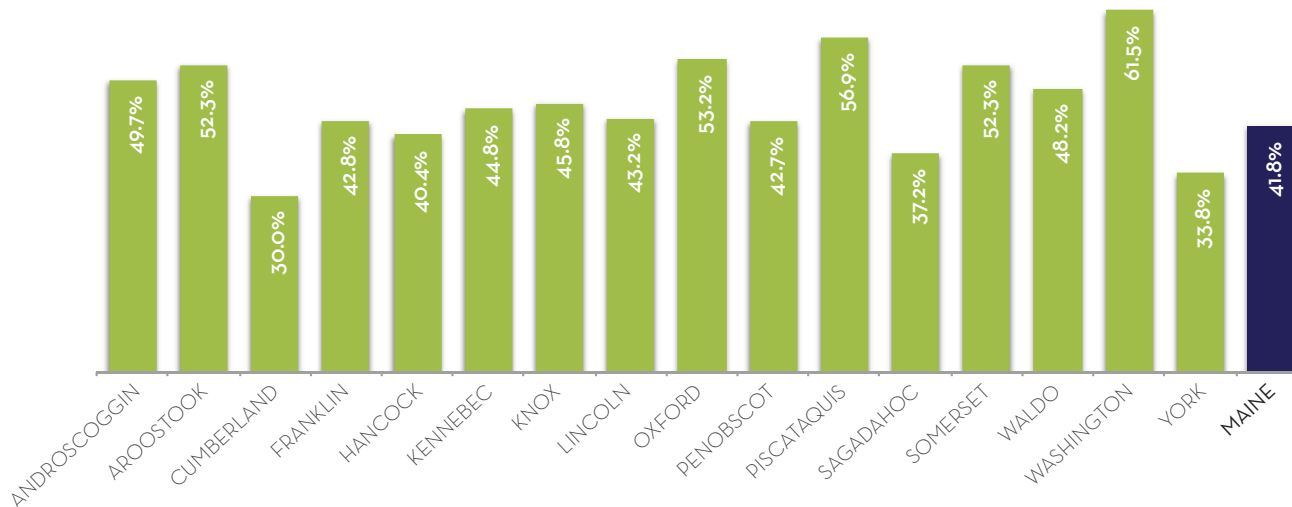
NOTE: The percent of individuals participating in MaineCare. These data are reported by state fiscal years (SFY). Individuals are reported by county of residence at the end of the SFY or the end of participation in the program. Figures exclude individuals who were non-residents or who were out-of-state. Percentages calculated based on the 2014 U.S. Census population estimates.

SOURCE: April 2015 enrollment data, Maine Department of Health and Human Services, Office of MaineCare Services. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

PERCENT OF CHILDREN AGED 0-19 ENROLLED IN MAINECARE BY COUNTY

Maine, 2015



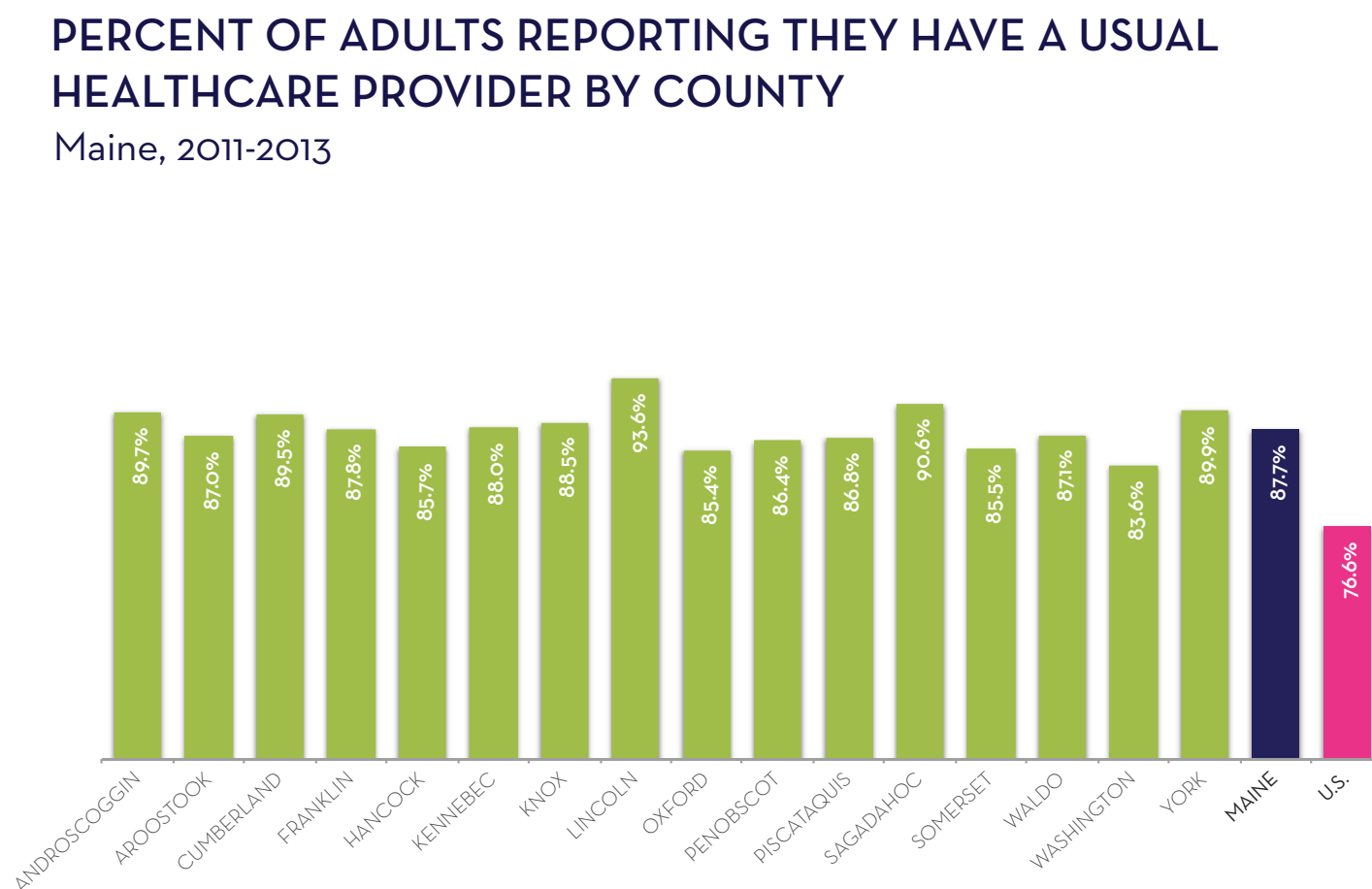
NOTE: These data are reported by state fiscal years (SFY). Individuals are reported by county of residence at the end of the SFY or the end of participation in the program. Figures exclude individuals who were non-residents or who were out-of-state. Percentages calculated based on the 2014 U.S. Census population estimate.

SOURCE: April 2015 enrollment data, Maine Department of Health and Human Services, Office of MaineCare Services. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

Children aged 0 to 19 were much more likely to be enrolled in MaineCare than those aged 20 or older, with nearly 42 percent of those under aged 20 participating in MaineCare, compared to a 22 percent participation rate for those age 20 and older.

FACTS & FIGURES

Over the 2011-2013 time period, 87.7 percent of Maine adults reported that they had a usual healthcare provider. This rate has remained fairly stable since 2000, ranging between 85.9 and 89.4 percent in the years since 2000.¹⁷



NOTE: U.S. data are from 2013.

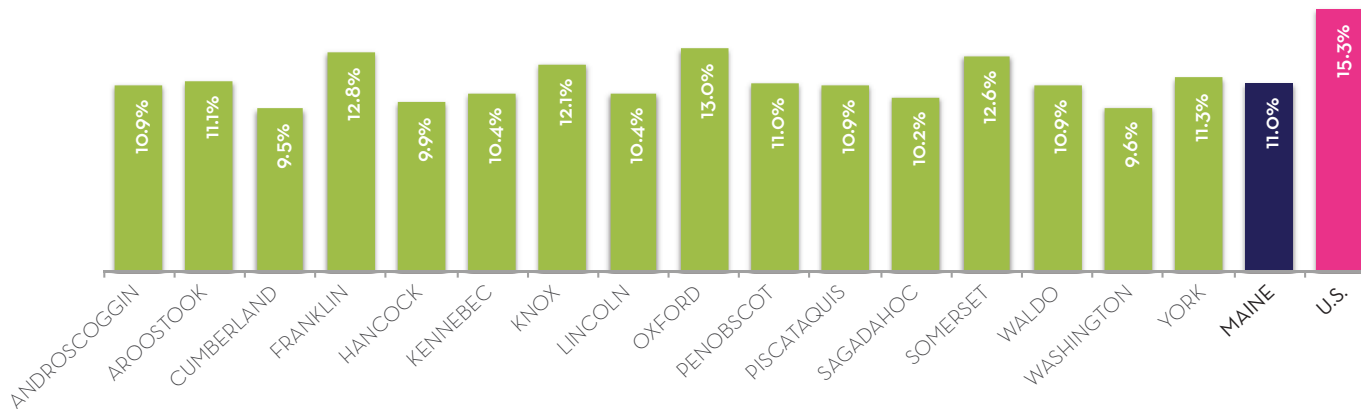
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013 and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

Over the 2011-2013 timeframe, 11 percent of Maine adults reported that there was a time during the preceding 12 months when they needed to see a doctor but could not due to cost.

PERCENT OF ADULTS REPORTING THEY COULD NOT SEE A DOCTOR DUE TO COST BY COUNTY

Maine, 2011-2013

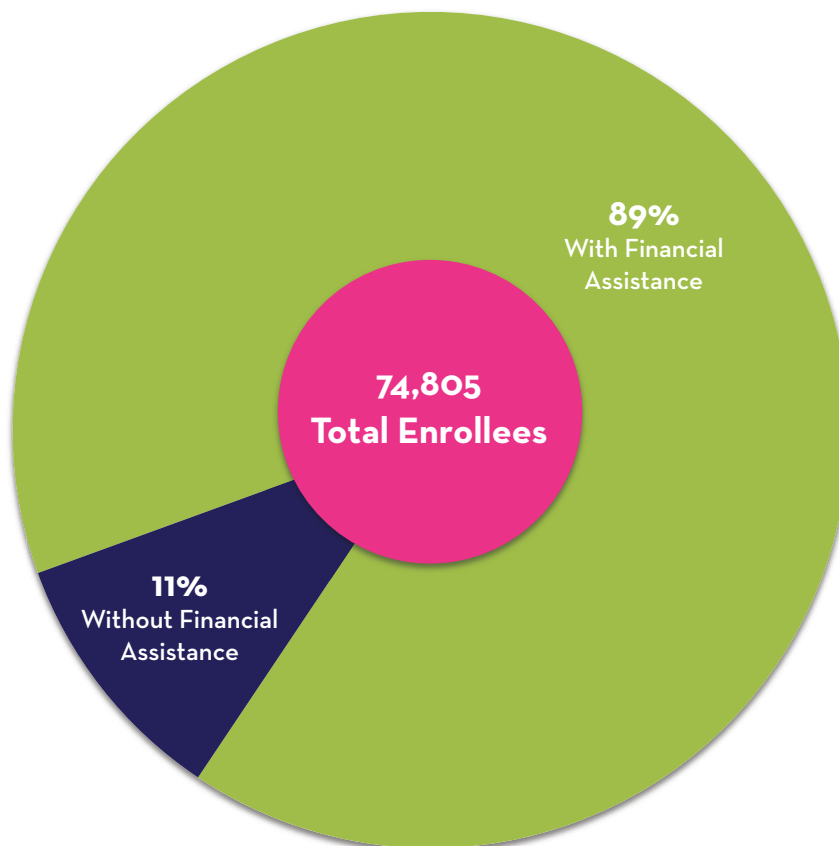


NOTE: U.S. data are from 2013.

SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013 and Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

MAINE MARKETPLACE ENROLLEES RECEIVING SUBSIDIES

Maine, 2015



FACTS & FIGURES

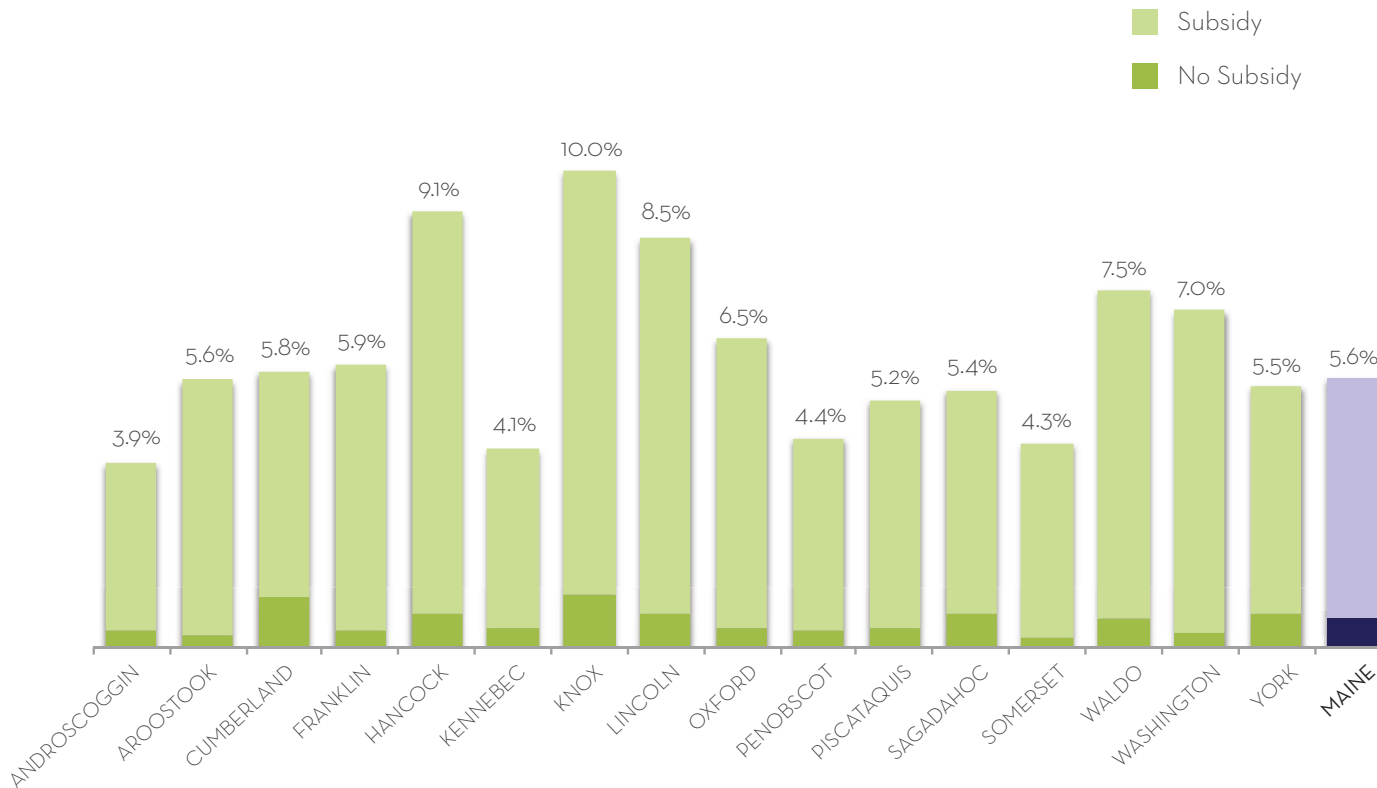
As of March 2015, enrollment in the Affordable Care Act's Maine Marketplace totaled 74,805, a nearly 70 percent increase over 2014 enrollment levels. The portion of enrollees receiving some level of subsidy remained steady, totaling 89 percent in 2015, compared to 90 percent in 2014.¹⁸ Over half of enrollees (53 percent) were between the ages of 45 and 64.

SOURCE: ASPE Office of Health Policy, *Health Insurance Marketplaces 2015 Open Enrollment Period: March Enrollment Report*. Available at: http://aspe.hhs.gov/health/reports/2015/MarketPlaceEnrollment/Mar2015/ib_2015mar_enrollment.pdf. As found in Maine Department of Professional and Financial Services, Bureau of Insurance, *Maine Marketplace (ACA) Plan Selection Characteristics*, July 7, 2015.

FACTS & FIGURES

In Maine, 5.6 percent of the population is enrolled in the marketplace, although rates vary by county, from a low of 3.9 percent in Androscoggin County to 10 percent in Knox.

PERCENT ENROLLED IN MARKETPLACE BY COUNTY Maine, 2015



NOTE: The data represent the number of unique individuals who have been determined eligible to enroll in a Qualified Health Plan and had selected a Marketplace plan by February 14, 2015 (including special enrollment period activity through February 22).

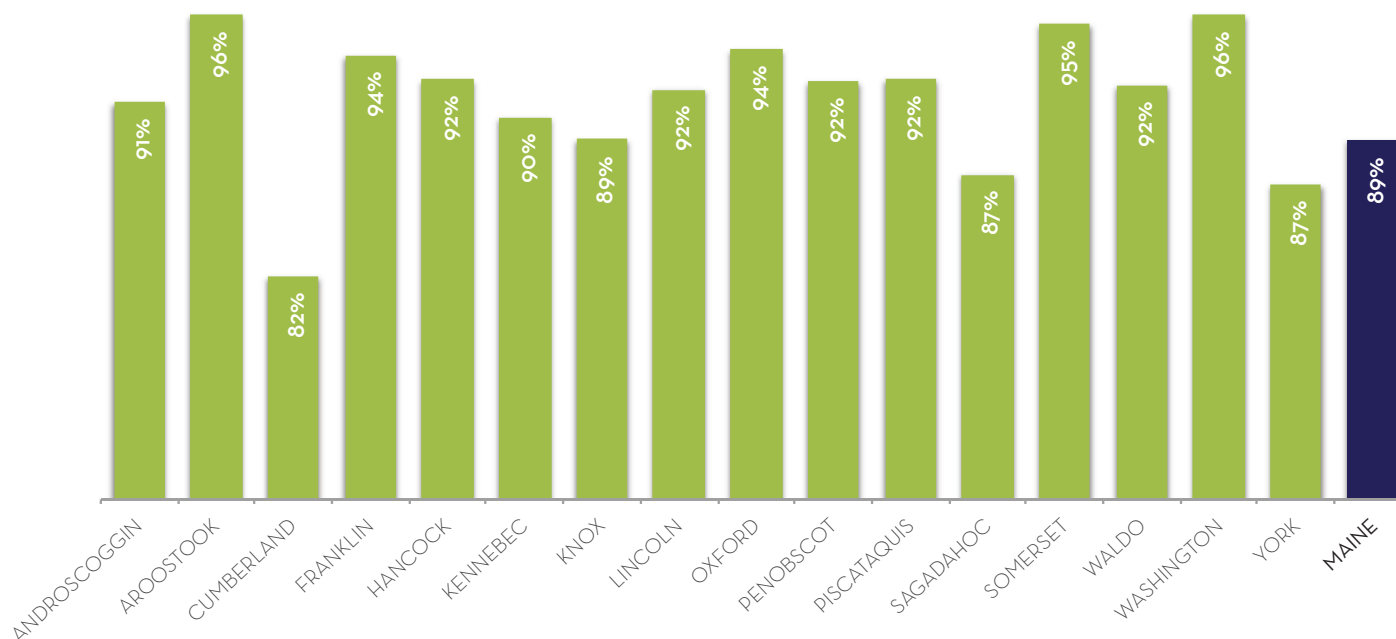
SOURCE: Center for Medicare & Medicaid Services, Data.HealthCare.gov, "2015 Qualifying Health Plan Selections by APTC and County, as of February 22, 2015." Available at: <https://data.healthcare.gov/dataset/2015-Qualifying-Health-Plan-Selections-by-APTC-and/f7yt-nc7m>. Population data is from 2014 U.S. Census population estimates, U.S. Census Bureau, QuickFacts Beta. Available at: <http://www.census.gov/quickfacts/table/PST045214/00>.

FACTS & FIGURES

Statewide, 89 percent of marketplace enrollees receive a subsidy. This rate varies by county, ranging from 82 percent in Cumberland County to 96 percent in both Aroostook and Washington counties.

PERCENT OF MARKETPLACE ENROLLEES RECEIVING SUBSIDIES BY COUNTY

Maine, 2015

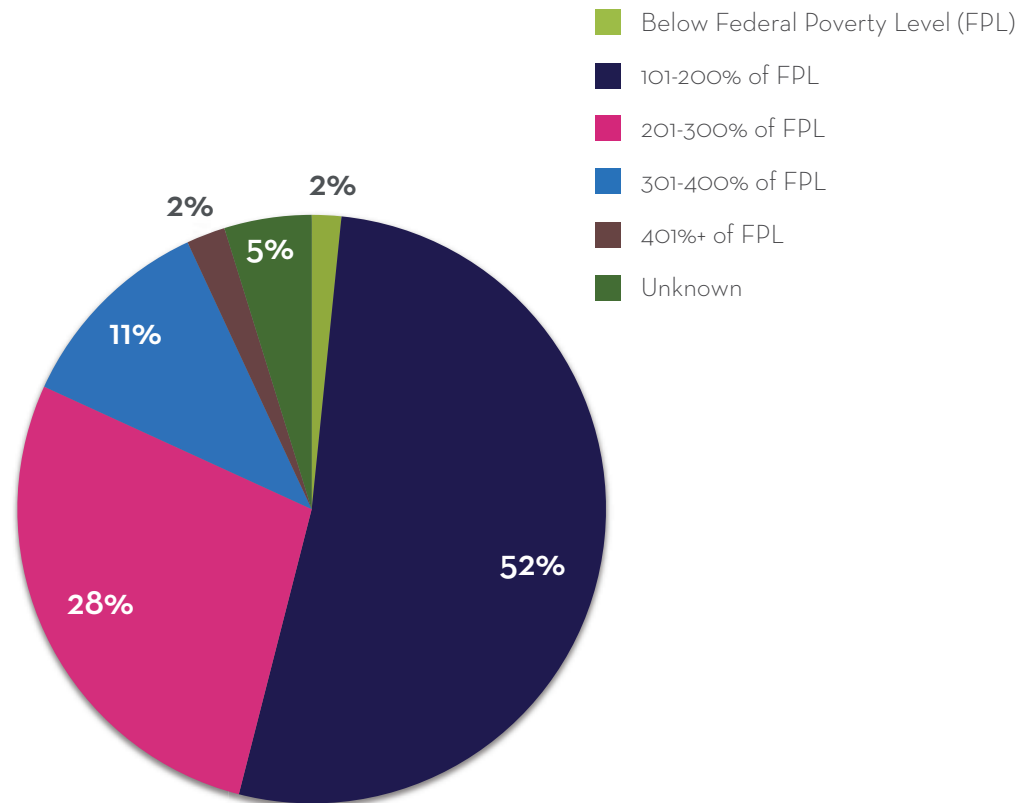


NOTE: The data represent the number of unique individuals who have been determined eligible to enroll in a Qualified Health Plan and had selected a Marketplace plan by February 14, 2015 (including special enrollment period activity through February 22).

SOURCE: Center for Medicare & Medicaid Services, Data.HealthCare.gov., "2015 Qualifying Health Plan Selections by APTC and County, as of February 22, 2015." Available at: <https://data.healthcare.gov/dataset/2015-Qualifying-Health-Plan-Selections-by-APTC-and/f7yt-nc7m>.

INCOME OF EXCHANGE ENROLLEES AS PERCENT OF FEDERAL POVERTY LEVEL

Maine, 2015



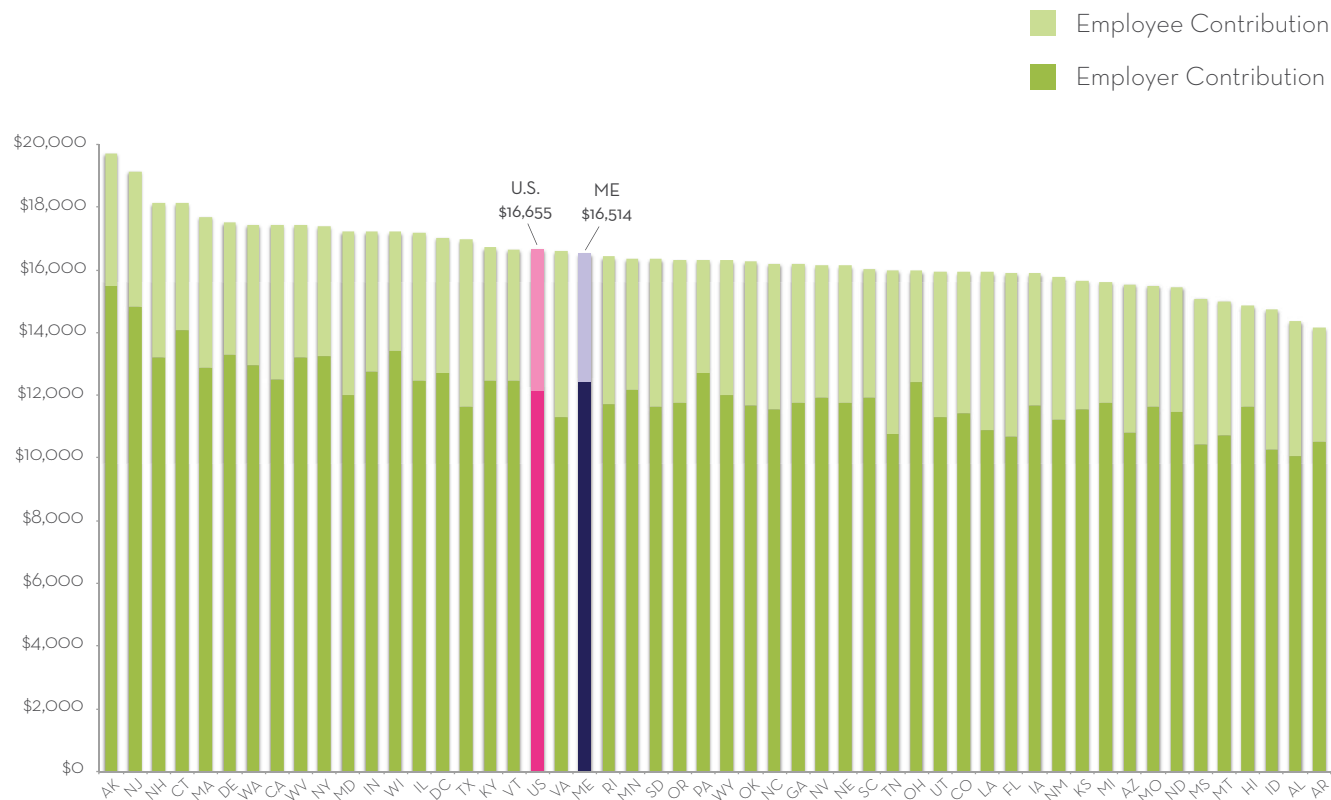
NOTE: The data represent the number of unique individuals who have been determined eligible to enroll in a Qualified Health Plan and had selected a Marketplace plan by February 14, 2015 (including special enrollment period activity through February 22).

SOURCE: Center for Medicare & Medicaid Services, Data.HealthCare.gov, "2015 Qualifying Health Plan Selections by Household Income as a Percent of the Federal Poverty Level and County, as of February 22, 2015." Available at: <https://data.healthcare.gov/dataset/2015-Qualifying-Health-Plan-Selections-by-Househol/sy6b-59wj>.

FACTS & FIGURES

Over half of those enrolled in the Affordable Care Act's Maine Marketplace had income levels between 101 and 200 percent of the Federal Poverty Level. With average monthly subsidies of \$332, the average monthly premium in 2015 is \$93.

AVERAGE EMPLOYER-BASED FAMILY INSURANCE PREMIUMS 2014



NOTE: Per enrollee at private sector establishments that offer health insurance.

SOURCE: Center for Financing, Access, and Cost Trends, AHRQ, Insurance Component of the Medical Expenditure Panel Survey, 2014, Tables II.D.1 and II.D.2. Available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiid1.htm and http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiid2.htm.

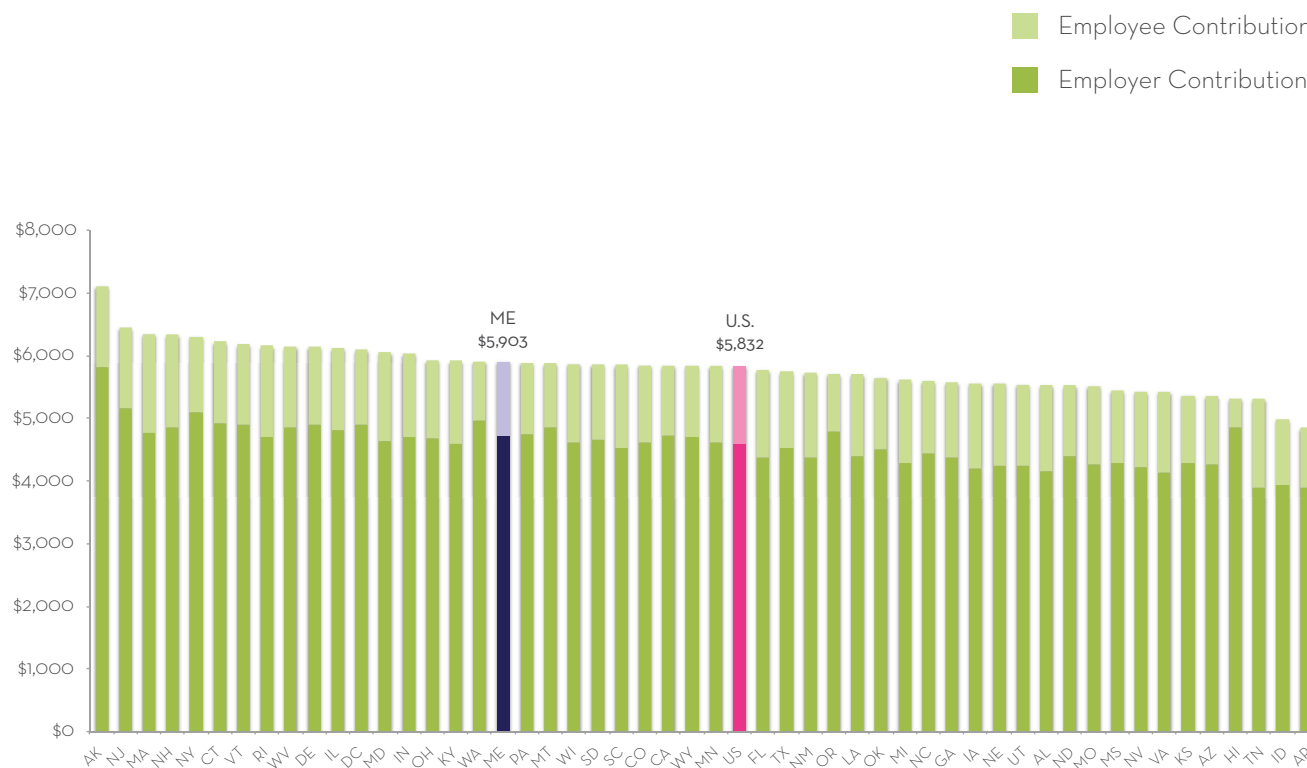
FACTS & FIGURES

In 2014, average family premiums for those employed at private sector establishments in Maine totaled \$16,514, a 1.1 percent increase over 2013 premiums. The U.S. average in 2014 was \$16,655, up 3.9 percent from 2013.¹⁹

FACTS & FIGURES

In 2014, average individual premiums for those employed at private sector establishments in Maine totaled \$5,903, a 0.6 percent increase over 2013. The U.S. average in 2014 was \$5,832, up 4.7 percent over 2013.²⁰

AVERAGE EMPLOYER-BASED INDIVIDUAL INSURANCE PREMIUMS 2014



NOTE: Per enrollee at private sector establishments that offer health insurance.

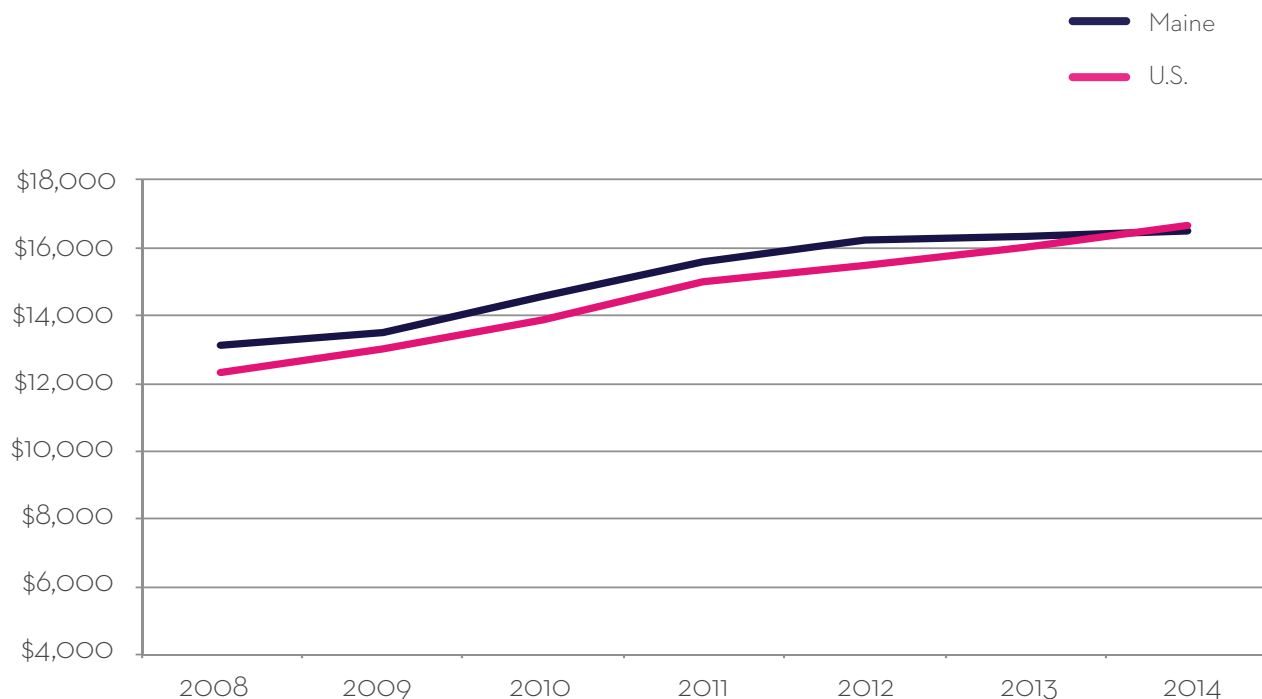
SOURCE: Center for Financing, Access, and Cost Trends, AHRQ, Insurance Component of the Medical Expenditure Panel Survey, 2014, Tables II.C.1 and II.C.2. Available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiic1.htm and http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiic2.htm.

FACTS & FIGURES

Between 2008 and 2014, average premiums for families at private sector establishments in Maine increased by 26 percent. Nationally, average premiums increased by 35 percent over that same timeframe.

GROWTH IN INSURANCE PREMIUMS FOR FAMILIES

Maine vs. U.S., 2008-2014



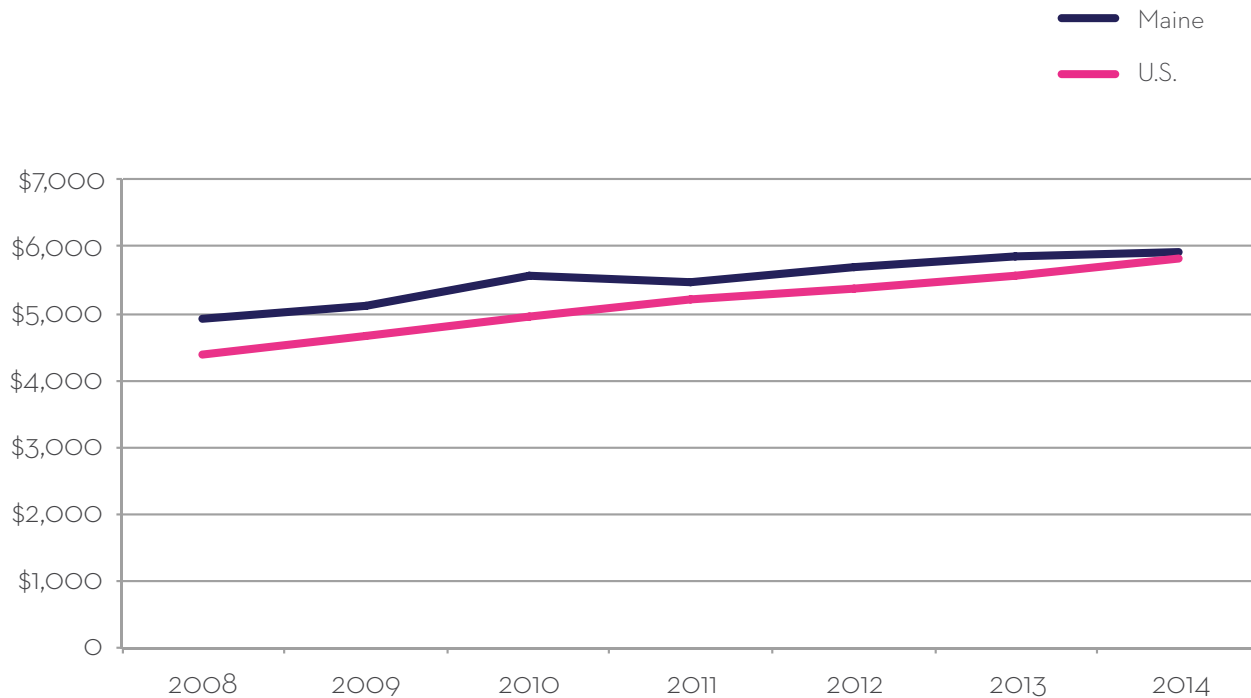
NOTE: Per enrollee at private-sector establishments that offer health insurance.

SOURCE: Center for Financing, Access, and Cost Trends, AHRQ, Insurance Component of the Medical Expenditure Panel Survey, 2008, 2009, 2010, 2011, 2012, 2013, and 2014. Table II.D.1. 2014 data available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiidi.htm.

FACTS & FIGURES

GROWTH IN INSURANCE PREMIUMS FOR INDIVIDUALS

Maine vs. U.S., 2008-2014

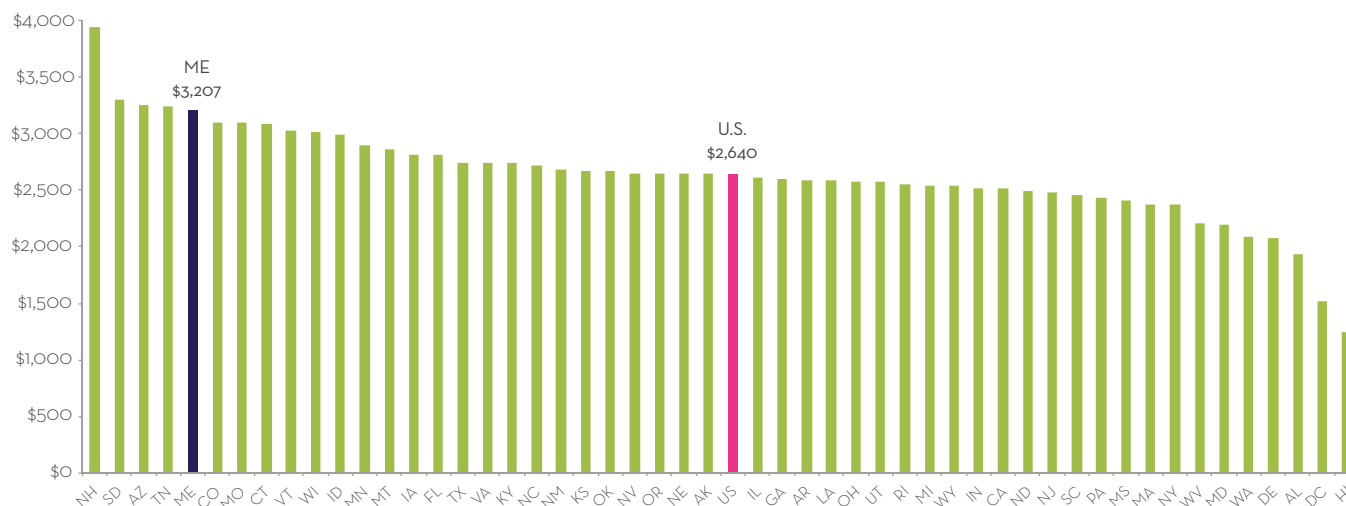


NOTE: Per enrollee at private-sector establishments that offer health insurance.

SOURCE: Center for Financing, Access, and Cost Trends, AHRQ, Insurance Component of the Medical Expenditure Panel Survey, 2008, 2009, 2010, 2011, 2012, 2013, and 2014. Table II.C.1. 2014 data available at http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiic1.htm.

Between 2008 and 2014, average premiums for individuals at private sector establishments in Maine increased by 20 percent. Nationally, average premiums increased by 33 percent over that same timeframe.

AVERAGE DEDUCTIBLE FOR EMPLOYER-SPONSORED FAMILY HEALTH INSURANCE 2014



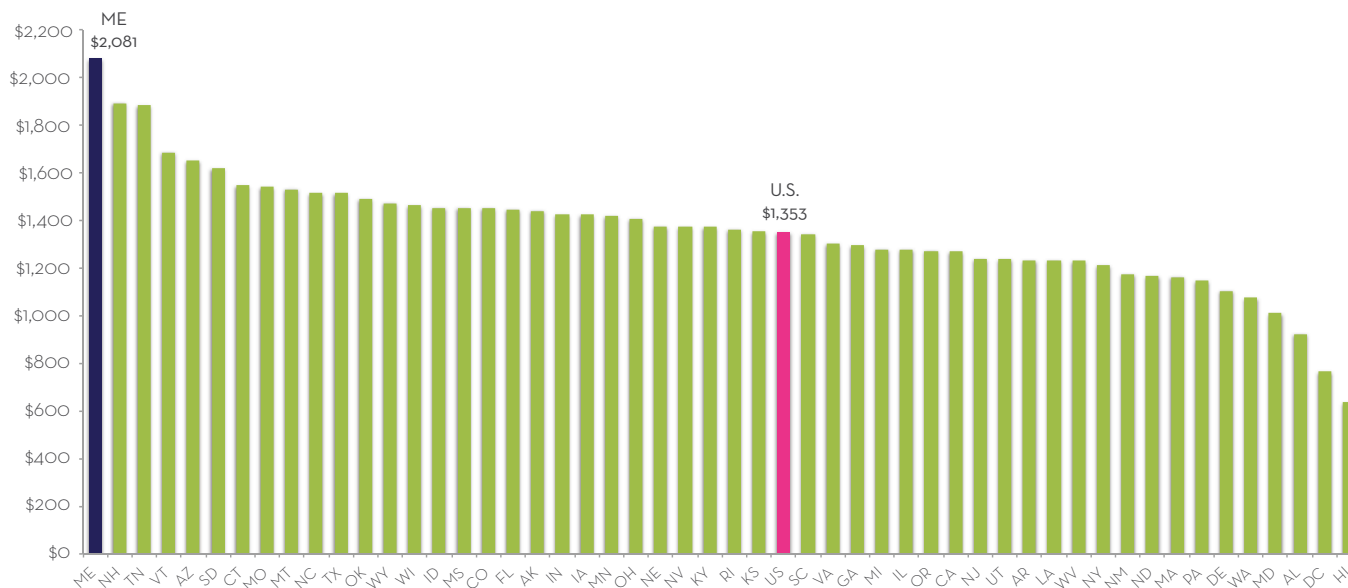
NOTE: Deductibles are for insurance policies offered by private-sector employers in the United States that had a deductible.

SOURCE: Agency for Healthcare Research and Quality, Center for Financing, Access and Cost Trends, 2014 Medical Expenditure Panel Survey-Insurance Component, Table II.F.3. Available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiif3.htm.

FACTS & FIGURES

The 2014 average family deductible for private sector employer health plans in Maine was \$3,207, compared to the national average of \$2,640. For those Mainers employed in firms with less than 50 employees, the average deductible was \$5,181; those in firms with 50 or more employees faced average deductibles of \$2,858.

AVERAGE DEDUCTIBLE FOR EMPLOYER-SPONSORED INDIVIDUAL HEALTH INSURANCE 2014



NOTE: Deductibles are for insurance policies offered by private-sector employers in the United States that had a deductible.

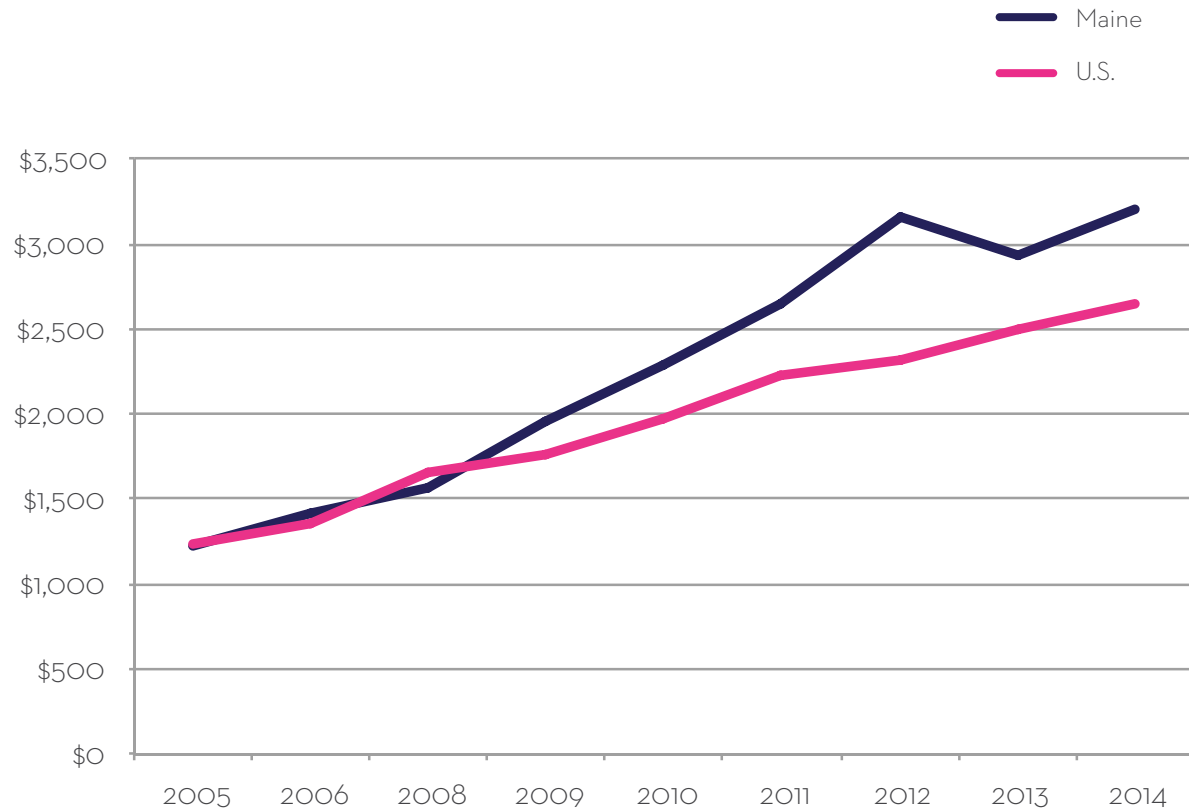
SOURCE: Agency for Healthcare Research and Quality, Center for Financing, Access and Cost Trends, 2014 Medical Expenditure Panel Survey-Insurance Component, Table II.F.2. Available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiif2.htm.

FACTS & FIGURES

Maine's average per-person deductible for private sector employer health plans in 2014 totaled \$2,081—the highest in the nation, and over 50 percent higher than the national average of \$1,353. Consistent with national rates, the size of deductibles facing Maine workers varies by firm size, with an average deductible of \$2,911 for employees in smaller firms of less than 50 and an average deductible of \$1,742 for employees in firms of 50 or more.

GROWTH IN AVERAGE FAMILY DEDUCTIBLE

Maine vs. U.S., 2005-2014



NOTE: Deductibles are for insurance policies offered by private-sector employers in the United States that had a deductible. 2007 data unavailable.

SOURCE: Agency for Healthcare Research and Quality, Center for Financing, Access and Cost Trends, Table II.F.3, 2005, 2006, 2008, 2009, 2010, 2011, 2012, 2013, and 2014 Medical Expenditure Panel Surveys-Insurance Component. 2014 data available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiif3.htm.

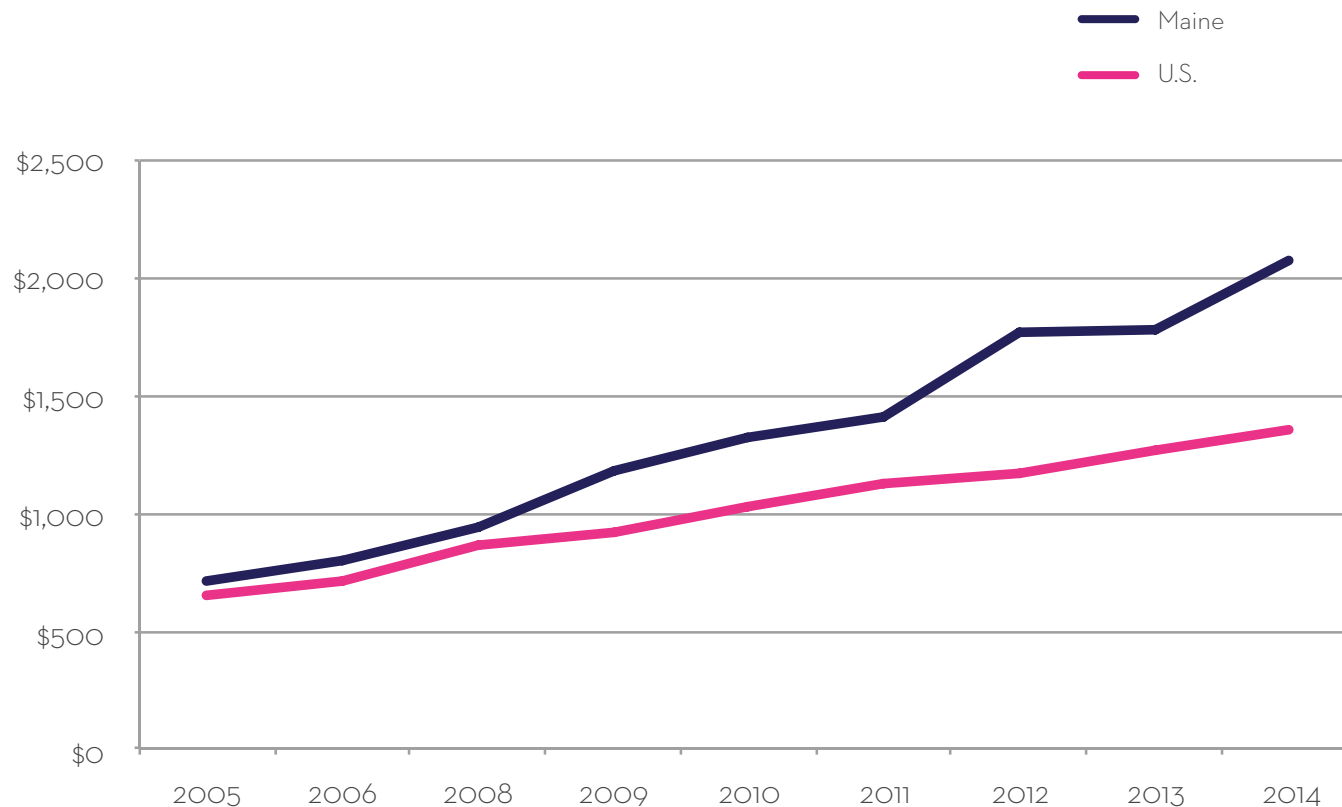
FACTS & FIGURES

Nationally, the size of average family deductibles in private sector employer health plans has more than doubled since 2005, growing 114 percent, from \$1,232 to \$2,640. The growth has been even larger in Maine, where the average family deductible grew 162 percent over the 2005-2014 period, increasing from \$1,225 to \$3,207. The percent of workers enrolled in plans with deductibles also increased over the past decade, both nationally and in Maine, rising from 70 percent to 95 percent of employees in Maine, and from 64 to 84 percent of workers nationally.²¹

FACTS & FIGURES

GROWTH IN AVERAGE INDIVIDUAL DEDUCTIBLE

Maine vs. U.S., 2005-2014



NOTE: Deductibles are for insurance policies offered by private-sector employers in the United States that had a deductible. 2007 data unavailable.

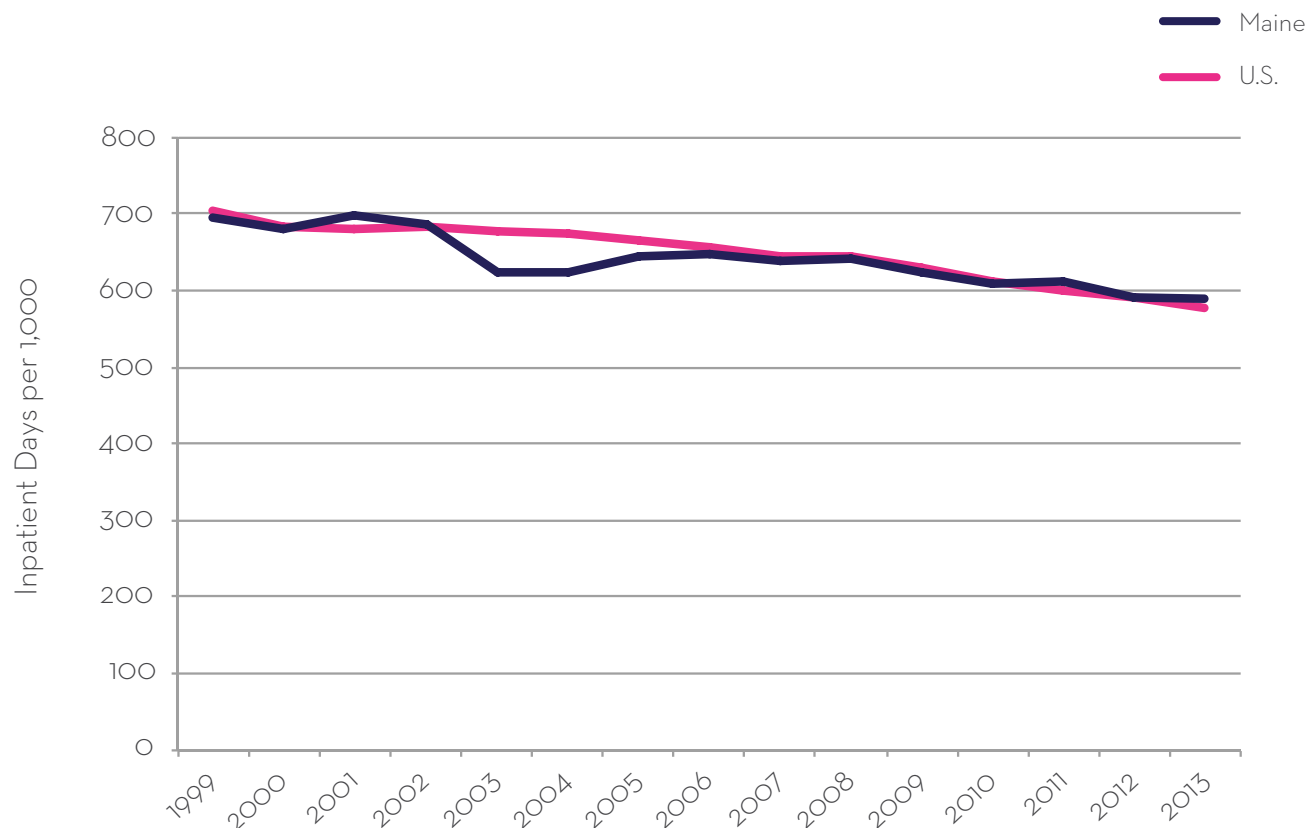
SOURCE: Agency for Healthcare Research and Quality, Center for Financing, Access and Cost Trends, Table II.F.2, 2005, 2006, 2008, 2009, 2010, 2011, 2012, 2013, and 2014 Medical Expenditure Panel Surveys-Insurance Component. 2014 data available at: http://meps.ahrq.gov/mepsweb/data_stats/summ_tables/insr/state/series_2/2014/tiif2.htm.

Nationally, the size of average deductibles for individuals in private sector employer health plans has more than doubled since 2005, increasing 108 percent, from \$652 to \$1,353. The growth of deductibles in Maine has been even larger, with the average individual deductible growing from \$713 to \$2,081—a 192 percent increase.

FACTS & FIGURES

HOSPITAL INPATIENT DAYS PER 1,000

Maine vs. U.S., 1999-2013



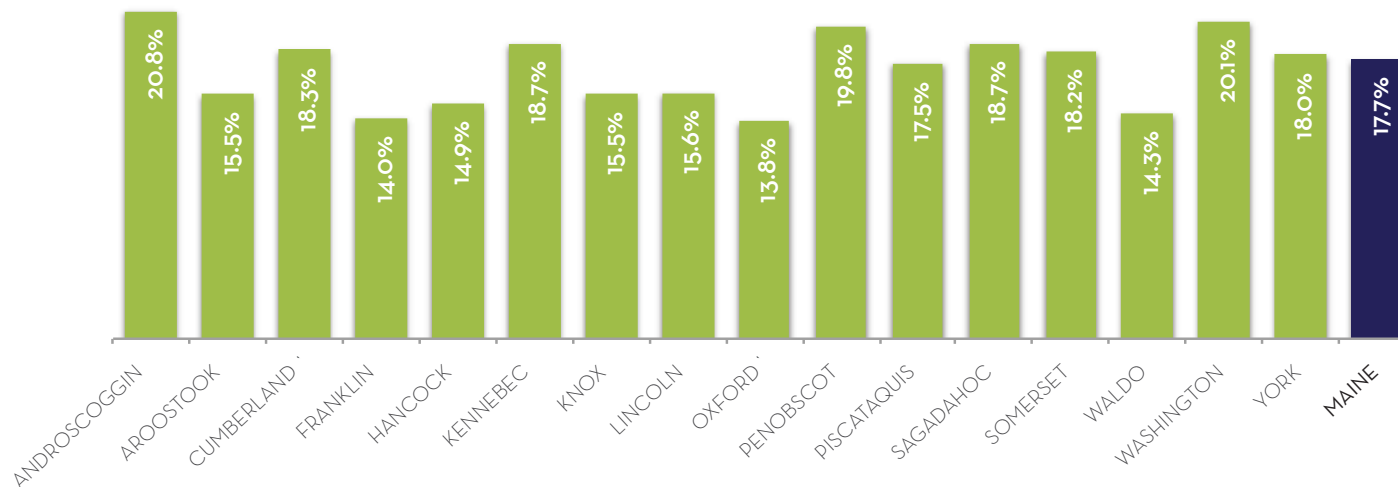
NOTE: Data are for community hospitals, which represent 85% of all hospitals. Federal hospitals, long term care hospitals, psychiatric hospitals, institutions for those with an intellectual disability, and alcoholism and other chemical dependency hospitals are not included.

SOURCE: 1999-2013 AHA Annual Survey, Copyright 2015 by Health Forum, LLC, an affiliate of the American Hospital Association, special data request, 2015. Available at <http://www.ahaonlinestore.com>. Population data from Annual Population Estimates by State, U.S. Census Bureau. Available at: <http://www.census.gov/popest/>. As found in Kaiser Family Foundation, State Health Facts, Hospital Inpatient Days per 1,000 Population by Ownership Type. Available at: <http://kff.org/other/state-indicator/inpatient-days-by-ownership/>.

Inpatient days are trending down both in Maine and nationally. Between 1999 and 2013, the number of inpatient days per 1,000 dropped 15 percent in Maine, declining from 696 to 589. National rates followed a similar trend, with inpatient days decreasing from 704 in 1999 to 577 in 2013, a drop of 18 percent.

ADULTS RECEIVING OUTPATIENT MENTAL HEALTH TREATMENT BY COUNTY

Maine, 2011-2013



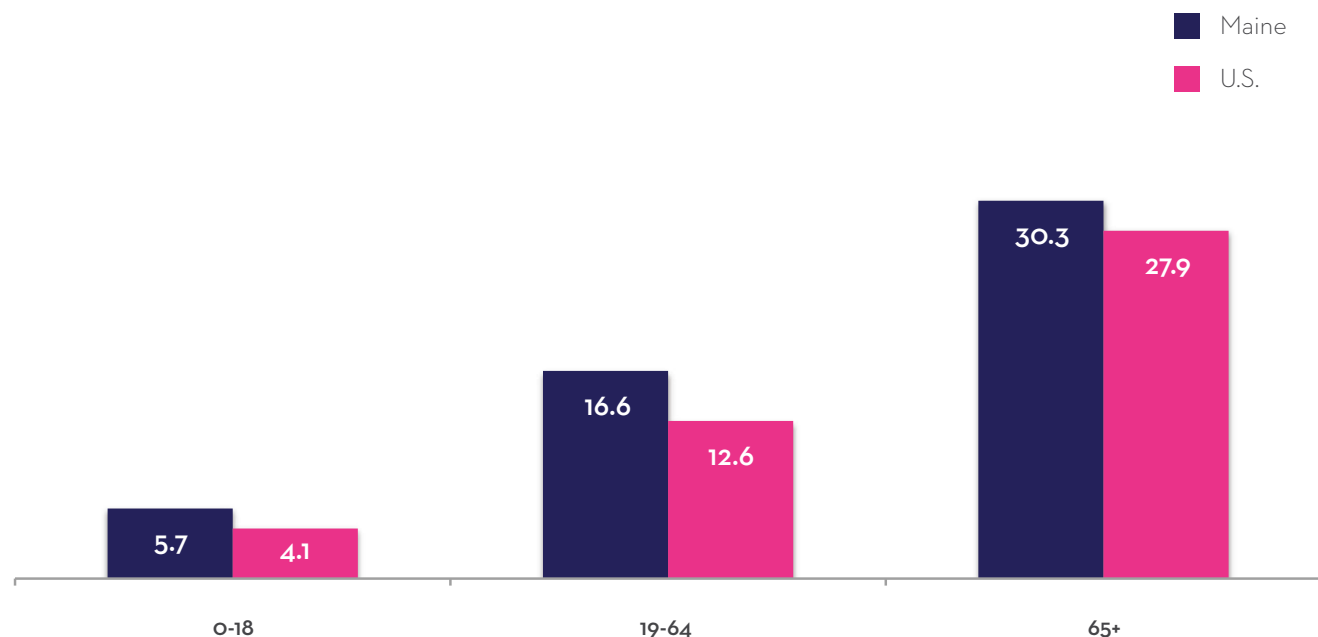
SOURCE: Maine Center for Disease Control and Prevention, Behavioral Risk Factor Surveillance Survey, 2011-2013. As found in Maine Department of Health and Human Services, Maine CDC, Maine Shared Health Needs Assessment and Planning Process, Data Summaries. Available at: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/data.shtml>.

FACTS & FIGURES

Over the 2011-2013 timeframe, 17.7 percent of adults in Maine reported that they were receiving outpatient mental health services, which can include taking medication or receiving treatment from a doctor for a mental health condition or emotional problem.

PER CAPITA PRESCRIPTION DRUGS FILLED AT PHARMACIES BY AGE

Maine vs. U.S., 2013



NOTE: Data are prescriptions filled at retail pharmacies only and a small portion of over-the-counter medications and repackagers, and exclude those filled by mail order.

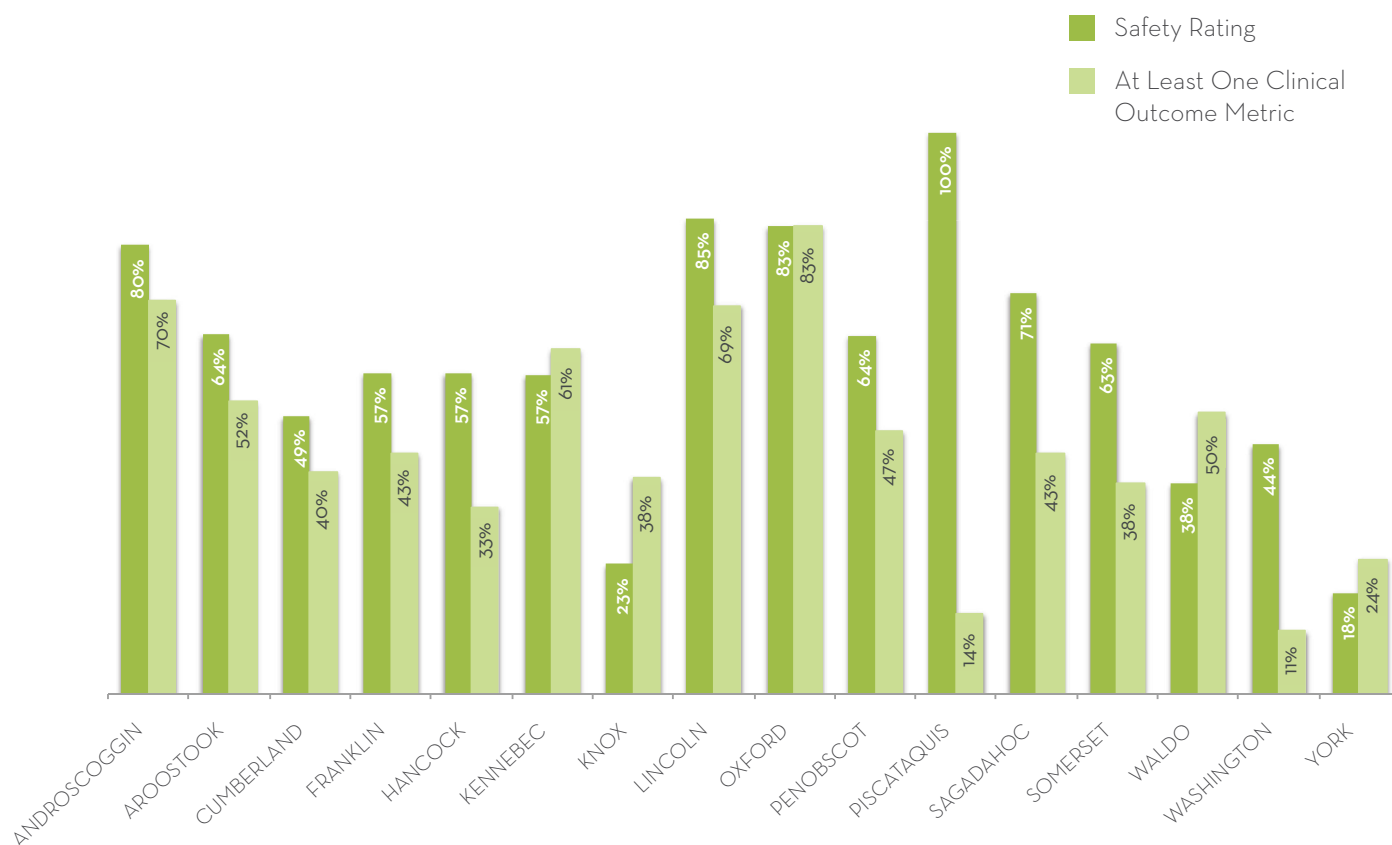
SOURCE: IMS Health Incorporated; Special Data Request, 2015. As found in Kaiser Family Foundation, *State Health Facts, Retail Prescription Drugs Filled at Pharmacies*. Calculations based on 2013 population estimates from the U.S. Census Bureau. Available at: <http://kff.org/other/state-indicator/retail-rx-drugs-by-age/>.

FACTS & FIGURES

Among children, adults, and the elderly, the number of prescriptions filled per capita in Maine in 2013 exceeded the national average. Among children 18 and under, Maine had the 9th highest rate in the nation; for adults aged 19-64 the state was 7th highest, and for those 65 and older Maine was 14th highest.

PERCENT OF PRACTICES PARTICIPATING IN PUBLIC REPORTING ON GETBETTERMAINE.ORG

Maine, 2015



SOURCE: Recognition Data Exchange (RDE) Report received from Bridges to Excellence (BTE) on June 10, 2015. The RDE report contains all active BTE recognitions and National Committee for Quality Assurance (NCQA) recognitions for providers and practices across the state of Maine.

FACTS & FIGURES

GetBetterMaine quality ratings are based on voluntary submissions by primary care practices to national rating organizations (Bridges to Excellence and/or the National Committee for Quality Assurance). Measures have been vetted through the Pathways to Excellence (PTE) process and represent clinical outcome data submitted directly by primary care practices in Maine. Participation among primary care practices has increased since public reporting on GetBetterMaine began in 2003, but varies throughout the state.

FACTS & FIGURES

The Hospital Consumer

Assessment of Healthcare

Providers and Systems (HCAHPS)

survey measures a patient's experience of care while receiving healthcare services in a hospital setting. The survey focuses on ten key patient-centered topics: communication with doctors, communication with nurses, responsiveness of hospital staff, overall patient experience, pain management, communication about medicines, discharge information, cleanliness of the hospital environment, quietness of the hospital environment, and transitions of care.

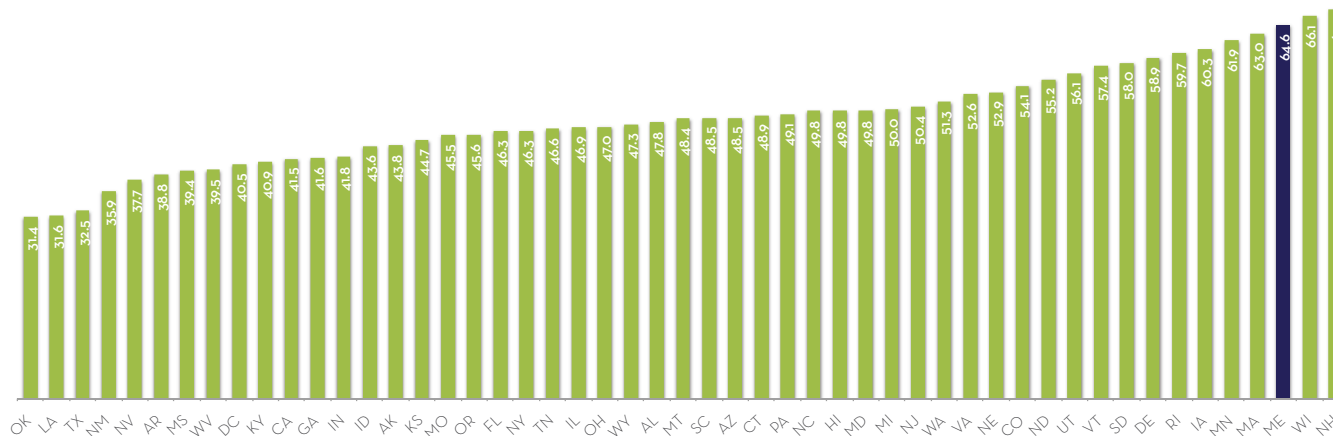
H-CAHPS SURVEY SUMMARY ON PATIENT EXPERIENCE BY HOSPITAL PEER GROUP

Maine vs. U.S., 2013-2014



SOURCE: The chart contains HCAHPS data reported by Maine hospitals to the Centers for Medicare & Medicaid Services (CMS). This data is publicly available on the CMS Hospital Compare website (www.hospitalcompare.hhs.gov). The chart contains HCAHPS data reported by Maine hospitals for Q3 2013-Q2 2014 (or July 1, 2013-June 30, 2014).

MAINE RANKS THIRD HIGHEST IN NHQR HEALTHCARE QUALITY RANKINGS



NOTE: State Snapshots include more than 200 statistical measures and are based on AHRQ's 2014 Healthcare Quality and Disparities Report.

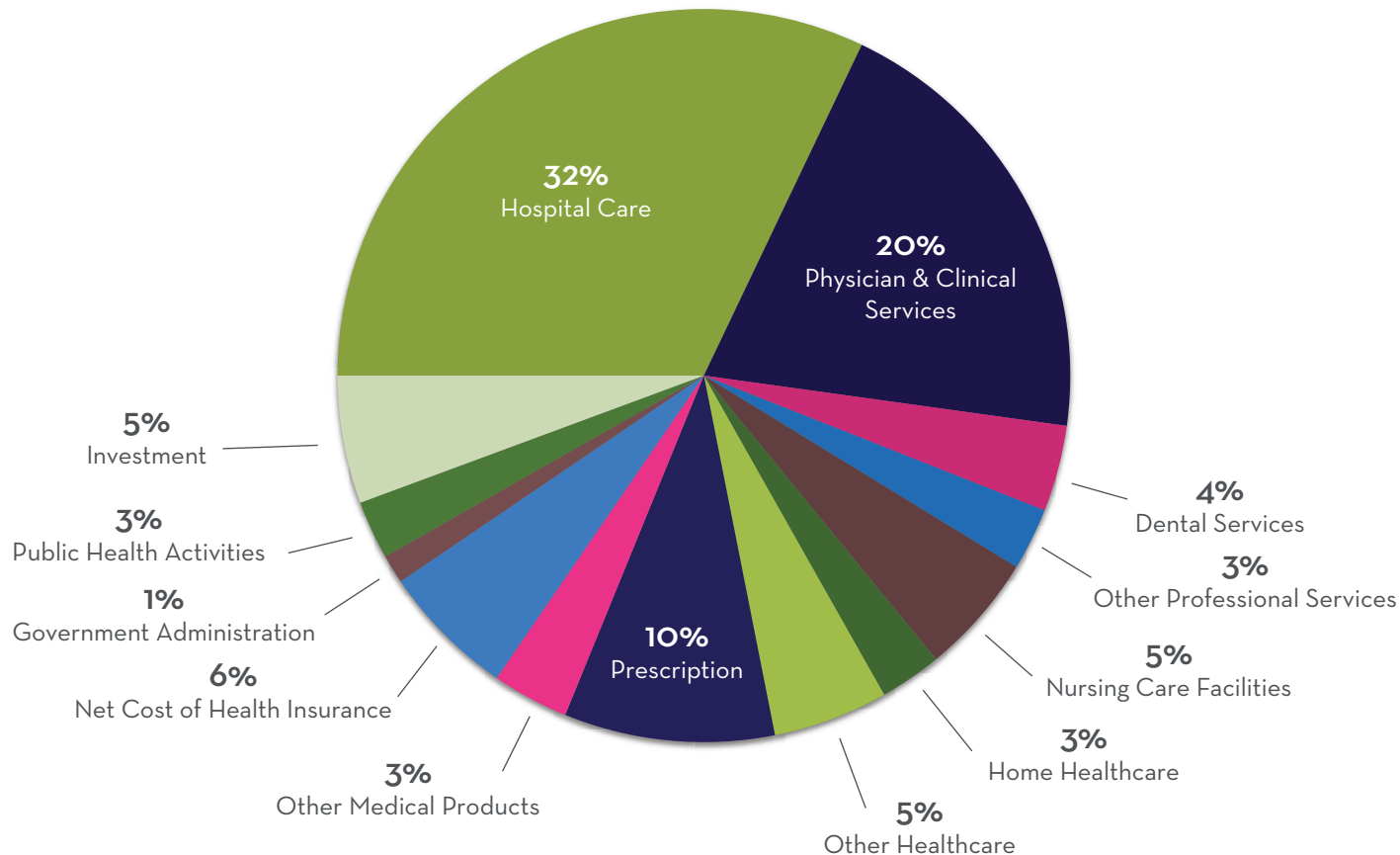
SOURCE: Agency for Healthcare Research and Quality, National Healthcare Quality and Disparities Reports, Maine State Snapshot. Available at: http://nhqrnet.ahrq.gov/inhqdr/Maine/snapshot/summary/All_Measures/All_Topics.

FACTS & FIGURES

The National Healthcare Quality Report (NHQR) evaluates national trends in the quality of healthcare provided to Americans, including trends in effectiveness, safety, timeliness, patient centeredness, care coordination, efficiency, and adequacy of health system infrastructure. Currently Maine ranks third behind New Hampshire and Wisconsin, with Massachusetts and Minnesota rounding out the top five states nationally.

FACTS & FIGURES

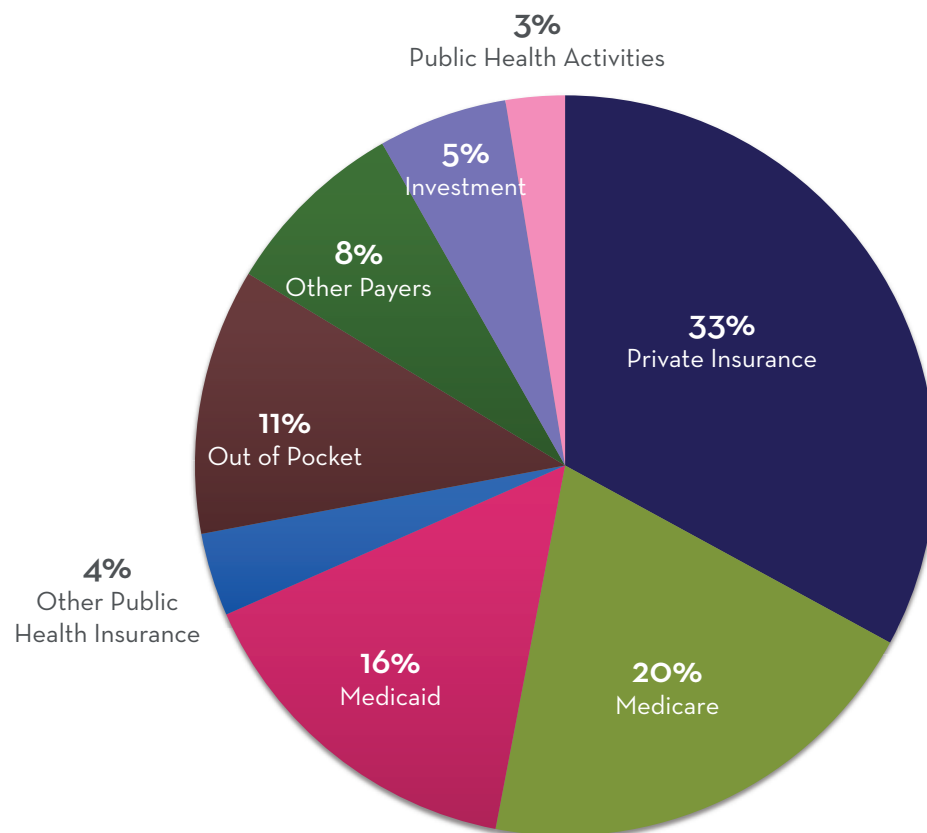
HEALTHCARE SPENDING BY CATEGORY U.S., 2014



SOURCE: Centers for Medicare and Medicaid Services, *National Health Expenditures, Historical, National Health Expenditures by type of service and source of funds, CY 1960-2014*. Available at: <https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/NationalHealthExpendData/NationalHealthAccountsHistorical.html>.

Aggregate healthcare spending totalled \$3.03 trillion in 2014, a 5.3 percent increase over 2013. The distribution of spending by category remained largely unchanged from 2013. Hospital care, physician and clinical services, and prescription drugs again accounted for over 60 percent of total healthcare spending in 2014, with prescription drugs growing from 9 percent to 10 percent of total expenditures.

HEALTHCARE SPENDING BY PAYER U.S., 2014



SOURCE: Centers for Medicare and Medicaid Services, *National Health Expenditures, Historical, National Health Expenditures by type of service and source of funds, CY 1960-2014*. Available at: <https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/NationalHealthExpendData/NationalHealthAccountsHistorical.html>.

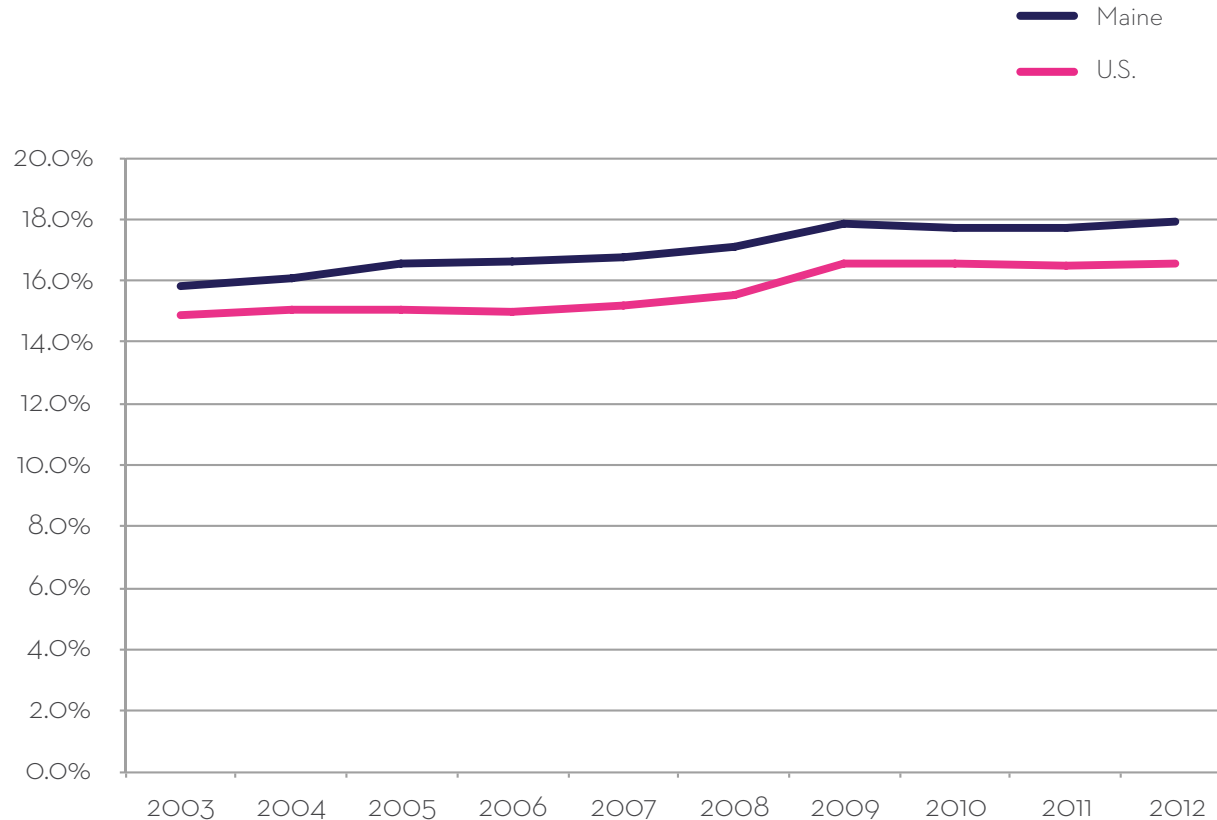
FACTS & FIGURES

Public insurance (primarily Medicare and Medicaid) paid for 40 percent of all healthcare in 2014—the same portion paid by public insurance in 2013. Also unchanged from 2013 were the amount paid by private insurers (33 percent) and out-of-pocket contributions from consumers (11 percent).

FACTS & FIGURES

HEALTHCARE EXPENDITURES AS PERCENT OF TOTAL EXPENDITURES

Maine vs. U.S., 2003-2012

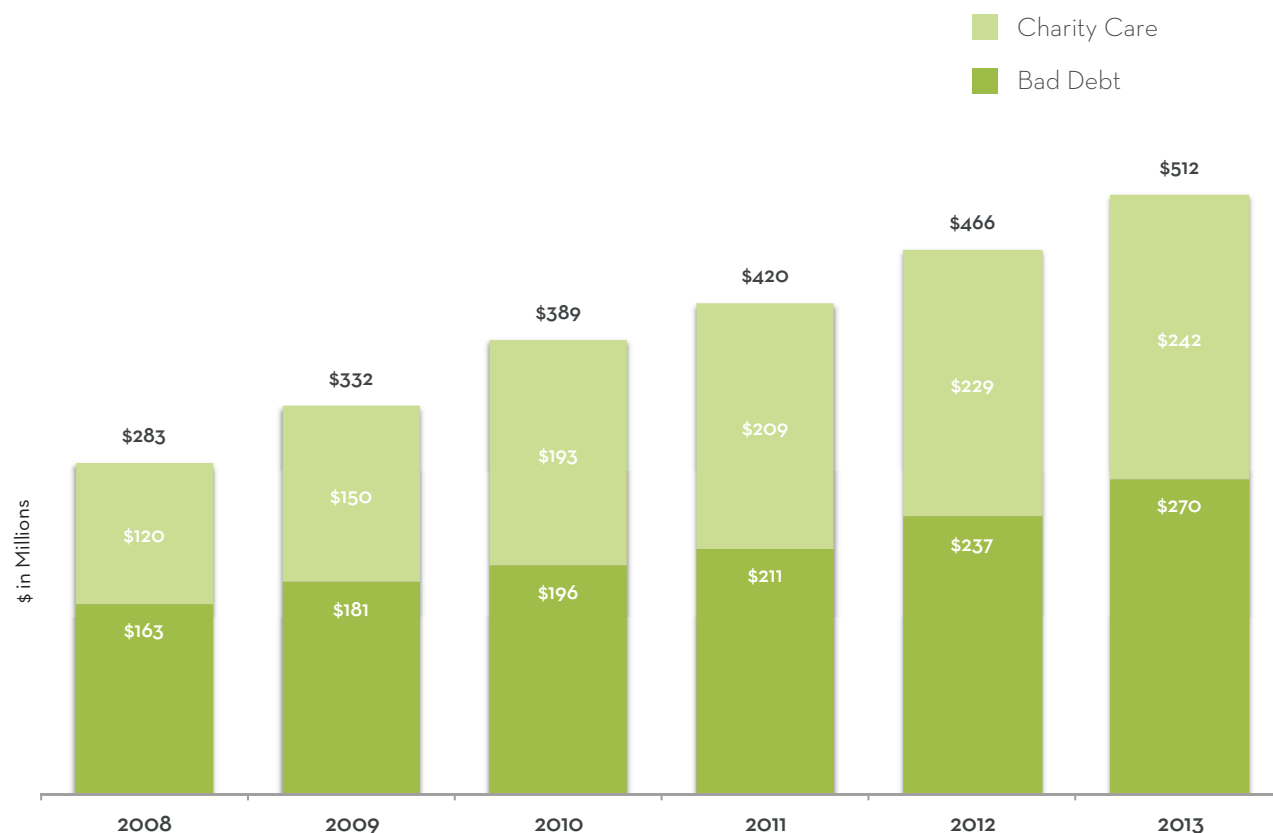


Between 2003 and 2012, the portion of personal expenditures spent on healthcare in the U.S. grew from 14.9 percent to 16.6 percent—an 11 percent increase. In Maine, the share of dollars spent on healthcare grew as well, rising from 15.8 percent of total expenditures in 2003 to 17.9 percent in 2012, a 13 percent increase.

SOURCE: U.S. Department of Commerce, Bureau of Economic Analysis, *Personal Consumption Expenditures by State, 1997-2012 (Prototype Estimates)*, Data File. Available at: http://www.bea.gov/newsreleases/regional/pce/pce_newsrelease.htm. As found in Maine Development Foundation, *Measures of Growth 2015*. Available at: <http://www.mdf.org/publications/Measures-of-Growth-2015/820/>.

MAINE HOSPITALS, UNCOMPENSATED CARE

Fiscal Years 2008-2013



NOTE: Years are fiscal years. Data includes Acadia Hospital, Spring Harbor Hospital, and New England Rehabilitation Hospital. 2012 charity care data for New England Rehabilitation Hospital not available or not applicable.

SOURCE: Maine Health Data Organization, Hospital Financial Information Part I. 2009-2013 Select Financial Information by Data Element/Ratio. Available at: https://mhdo.maine.gov/hospital_financials.htm and 2008-2012 Select Financial Information by Data Element/Ratio. Available at: https://mhdo.maine.gov/hosp_fins_previous.htm.

FACTS & FIGURES

Uncompensated care at Maine hospitals continued to rise in 2013, increasing nearly 10 percent from \$466 million in 2012 to \$512 million in 2013. Since 2008, uncompensated care has grown 81 percent, with charity care more than doubling and bad debt increasing by 66 percent.

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4. Includes health services, medications, and missed work. Mozzafarian, Benjamin, Go, et al.
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Healthcare System Transformation
A Collaborative Partnership led by Maine DHHS

Paul R. LePage, Governor

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